



# THE ELLINGTON CONNECTION

[www.ellington-ct.gov](http://www.ellington-ct.gov)

Fall 2010

**Maurice Blanchette, First Selectman**  
**860-870-3100**

**Please Take Notice!** Town Ordinances for Public Assemblies

It may surprise you to know, and it has become clear recently that **many people who need to know don't**, that the Code of the Town of Ellington has two Ordinances that apply to Public Assemblies, whether held on public or private land. These Ordinances exist for the protection of the health, safety and welfare of the residents of Ellington, and both were adopted in 1981. The Ordinances can be viewed or printed on-line at [www.ellington-ct.gov](http://www.ellington-ct.gov); select 'Government' tab; select 'Town Code'; 'Code of the Town of Ellington'; 'CHAPTER 17'; 'Open All', or request a paper copy of the ordinances from the First Selectman's Office at Town Hall.

The first, Chapter 17 ARTICLE I, *Special Events*, 'shall apply to any outside area used for the purpose of public assembly when such assembly exceeds, or can reasonably be expected to exceed, **250 persons** (including employees, volunteers, vendors, visitors, patrons, sponsors, exhibitors, etc.)'. There are some exemptions to this Ordinance, but when it applies it requires that 'Application for such license shall be made to the First Selectman **not later than 60 days** before the starting date of the special event upon forms approved by the Board of Selectmen.' The form *Notice of Proposed Outside Public Assembly*, available from the Town Hall Selectman's Office, must be returned there after completion.

The second, Chapter 17 ARTICLE II, *Use of Outside Areas*, 'shall apply to any outside area used for the purpose of public assembly when such assembly exceeds, or can reasonably be expected to exceed, **100 persons** (including employees, volunteers, vendors, visitors, patrons, sponsors, exhibitors, etc.)'. There are no exceptions to this Ordinance. The same form, *Notice of Proposed Outside Public Assembly*, is required; for this Ordinance, the form must be submitted **at least 14 days** prior to the event.

Both Ordinances provide for penalties for non-compliance, which may include any or all of the following: restricting the event from taking place; fines; imprisonment for up to six months. When requested, my office will help event organizers understand the Ordinances. Please get us involved early, before you run out of time; we don't want to say NO to your event, but we too may run out of time.

*Maurice Blanchette*

## Wall of Honor Recipient

### Edna Tuttle Edwards

The Board of Selectmen has selected Edna Tuttle Edwards as the 2010 Ellington Wall of Honor recipient.

Edna Edwards was born, and lived most of her life, in Ellington and it is where she and her husband Nathan raised their three children, Ralph, Howard and Ronald. Mrs. Edwards made many outstanding contributions to the Town of Ellington. She served with distinction as the Town Clerk, Assistant Town Clerk and Town Treasurer. Mrs. Edwards was a lifelong member of the Ellington Congregational Church and active member of the Ellington Grange and Order of the Eastern Star.

A formal induction ceremony will be held on Saturday, September 11, 2010 at 4:00 p.m. at the site of the wall located in Arbor Park (Main Street). The public is welcome to attend.

## Ellington Vol. Fire Department Annual Carnival & Parade

### Carnival

September 9, 10 & 11,  
6:30 PM-11PM  
Brookside Park

### Parade

September 11 @ 5:15 PM

Parade begins at the intersection of Jobs Hill Road & RT 140 and proceeds west to Brookside Park.

## Election Day November 2

Polls will be open 6:00 AM - 8:00 PM

**District 1:** Ellington High School

**District 2:** Crystal Lake School

See Page 6 for more election information.



**REMINDER...**  
Check the batteries in your  
**SMOKE & CARBON MONOXIDE DETECTORS**  
And remind others to do the same!

Susan Phillips, Director, Hall Memorial Library  
860-870-3160 ~ [www.biblio.org/ellington](http://www.biblio.org/ellington)

### Library Hours

Monday-Thursday 10AM-8PM

Friday-Saturday 10AM-5PM

Sunday 1PM-5PM\*

\* Beginning October 3

See page 20 for Holiday closing schedule.

### NEW LOAN PERIODS

In an effort to standardize practices among libraries in our consortium, loan periods for some items at Hall Memorial Library will change effective September 1, 2010. These changes will make it easier for you, as the loan periods for the items you borrow from here, through interlibrary loan or from surrounding libraries will be the same for the same materials. Loan periods will be:

- 3 days for passes to attractions
- 7 days for DVDs and videos
- 14 days for new adult books, magazines, nonfiction DVDs and nonfiction videos
- 21 days for everything else, i.e. regular adult books, young adult books, children's books, CDs, audiobooks, readalongs, puppets

### Wowbrary

#### The newest stuff at your library

Starting July 1, the library is offering a new email notification service call Wowbrary. Sign up on the library website, and Wowbrary will send you a weekly list of the new items received in the library. Check it out at [www.biblio.org/ellington](http://www.biblio.org/ellington)!

### NEW EVENT CALENDAR & MEETING ROOM REQUEST PROGRAM

The library has implemented a new super web-based event calendar to keep you all up-to-date on happenings at the library. Complete info about programs and events will be available at the click of your mouse. And you can register online for programs that require pre-registration. Later in September, you will also be able to submit your meeting room use requests using the same program. Look for these great new services on the library webpage at [www.biblio.org/ellington](http://www.biblio.org/ellington).

### KNITTING GROUP

The knitting group at the library will continue through the fall and winter starting September 2. This ongoing program is open to knitters (and crocheters, too) of all skill levels and meets every other Thursday.

### BOOK DISCUSSIONS

The library book discussion group meets on the third Wednesday of each month at 7:30. Titles are chosen by the group, and new participants are always welcome.

### CONNECTICUT INVENTS

*Connecticut Invents!*, a program presented by the Museum of Connecticut History, celebrates the numerous inventors and inventions that have come from our state over the past 200 years. Come hear about the many famous and not so famous Connecticut inventions including the Colt revolver, the toothpaste tube, Frisbee, tape measure, Wiffleball, can opener, submarine and many more. The program will be held at 7:00pm on Thursday, September 23, in the Upstairs Meeting Room. A brief meeting of the Ellington Historical Society and refreshments will follow.

### ELLINGTON HISTORIC PHOTOGRAPHS ONLINE

The Hall Memorial Library is participating in a state-wide project to digitize historic photos and documents in an effort to make them more available. View photos from the library's collection of historic photographs by clicking on the link to "Treasures of Connecticut Libraries" from our webpage [www.biblio.org/ellington](http://www.biblio.org/ellington).

### FRIENDS OF THE LIBRARY

The Friends of the Hall Memorial Library meet monthly on the third Tuesday. New members are always welcome!

The **Fall Book Sale** will be **Friday-Sunday, October 1-3**, with a members-only preview sale on Thursday evening, Sept. 30. Hours will be 10-3 on Friday and Saturday, and 1-3 on Sunday. Hundreds of books, videos, and CDs of all ages will be available for \$8.00 per bag full.

Fall Book Cellar hours:

Monday	6:30-8:00 pm
Thursday	2:30-4:30 pm
Saturday	10:00-12:00 noon
Sunday	1:00-3:00 pm

**YA (Young Adult) STUFF**

We'll be looking for new members for the Young Adult Advisory Board this fall. This group of ten teens meets from 3:30-4:30 p.m. the first Tuesday of each month from October through May. Any teen in grades 7 through 12 may apply. Applications are available in the teen section of the library and will be accepted through September 15. The first board meeting will be on Tuesday, October 5.

Board meetings are part business, part book discussion with each teen being expected to choose a book for the rest of us to read and lead the discussion for that month. Teens are also asked to perform one-two hours of volunteer work in the library each month. We're a fairly active group, taking field trips to Boston and NYC; we run bake sales and "read-a-thons" to raise money for our trips; and just recently, we've had an offshoot group of teens start and sustain a separate creative writing group.

The Creative Writing Group meets 3:00-4:00 p.m. the last Thursday of each month year-round. We practice all types of writing exercises and share our work with other members, if desired. Sharing is always optional!

Come in and celebrate "Books with Beat" during Teen Read Week from October 17-23. We'll have daily contests, prizes, and lots of fun activities going on that week. Did you get a guitar for your birthday? Know how to play it? If not, you'll want to come to a guitar workshop to learn the basics during that week. Look for more information in the local newspapers as the date draws nearer. "Chips and Chapters", a book discussion event, will take place with lots of chips to taste while we talk about what we've read.

All young adult/teen events are open to students in grades 7-12.

**PROGRAMS FOR CHILDREN**

Story hours sessions will begin again in October as follows:

**Babies and Books for ages 9 mos.-2 yrs with adult**

Mondays ~ 10:00-11:30 ~ 2 sessions

September 13-October 4 ~ October 18-November 15

Registration begins the week of August 30

**Story hours for 2 ½ yr olds with adult**

Fridays 10:00-11:00 ~ October 1-Nov19

Story Hours for 3-5 yr. olds

Tuesdays ~ 10:00-11:00 ~ October 5-November 23

Registration will begin the week of September 13

**TRUCK DAY IS SATURDAY, OCTOBER 9****PICTURE PERFECT ELLINGTON CALENDARS**

The 2011 Picture Perfect Ellington calendars will go on sale at the Library in November.

**Rhonda McCarty, Assessor  
860-870-3109**

**Revaluation 2010**

In previous newsletters I have explained the requirements of this revaluation. That information can be found on the Assessor's page of the Town of Ellington's website at [www.ellington-ct.gov](http://www.ellington-ct.gov). A wealth of information on the requirements and process of a revaluation can be found on the Vision Appraisal website including frequently asked questions and videos explaining the valuation process. I encourage you to visit this site. The address is [www.visionappraisal.com](http://www.visionappraisal.com); click on the "taxpayer revaluation info" button.

The data collection portion of the project is just about complete and field review is being conducted. The tracking and verifying of sales and valuation analysis is ongoing. The values will be tested to ensure that they meet the State of Connecticut Performance-Based Standards. This involves performing various statistical measures of assessment uniformity and equity. The result of the revaluation is that property values reflect the fair market value as of the assessment date of October 1, 2010. The values will not be set until mid November of 2010.

You will be notified of your new assessment in November of 2010 and will have the opportunity to discuss your new assessment with a member of the revaluation staff at that time. The tax bill that you receive in July of 2011 will reflect your new assessment.

It is important to note that the current assessments on all properties in Ellington are based on the October 1, 2005 revaluation. Our office has been tracking the sales since the last revaluation and we do not see much of a change for 2010. This can be attributed to the fact that the market continued to climb for a portion of the five year period and the market decline experienced for the last couple of years elsewhere was not as drastic in Ellington.

We will keep you informed on the progress of the revaluation in this newsletter and on the Assessor's page of the Town's website.

**Stephen C. Cullinan, Superintendent of Schools**  
**860-896-2300 ~ [www.ellingtonschools.org](http://www.ellingtonschools.org)**

From the Desk of the Superintendent...

I am pleased to share information on two major topics with the members of the Ellington Community. First, on behalf of the members of the newly formed Ellington School Readiness Council, I am pleased to announce that the Ellington School Readiness Council has been awarded a grant of \$74,500 from the Connecticut State Department of Education. This grant is designed to enhance early education and child care opportunities in the Town of Ellington.

The Ellington School Readiness Council was formed in February, 2010. First Selectman Maurice Blanchette and I invited a number of interested community members to an organizational meeting, which led to the creation of a permanent School Readiness Council. The council quickly established goals to provide information and resources about early education and child development to families, educate the community on the value of early learning, empower families to maximize their child's readiness for school and offer professional development for early education providers in our community.

The council is in the process of developing a Directory of Providers, which will contain a comprehensive list of providers of various services of interest and need to families with young children. The council is also developing a series of professional development workshops for both parents and providers of services to young children. Educational research clearly documents a significant correlation between success in school and quality preschool education and experiences.

The members of the Ellington School Readiness Council are: Maurice Blanchette, First Selectman; William Blitz, North Central Health Department; Bruce Brettschneider, Ellington Public Schools; Lois Cartier, YMCA; Doris Crayton, Ellington Human Services; Stephen Cullinan, Ellington Public Schools; David Engelson, Hockanum Valley Community Council; Tina Gladden, YMCA; Patricia Grundman, Hall Memorial Library; Becky Hinckley, Preschool of the Arts; Dr. Erin McGurk, Ellington Public Schools; Donna Pallotti, Little House In The Country Child Care; Diane Lasher-Penti, Ellington Youth Services; Susan Phillips, Hall Memorial Library; Rev. Thomas Plathottam, St. Luke's Parish; Janet Settle, Little House In The Country Child Care; Debbie Stauffer, Town of Ellington – Prevention Coordinator; Sandy Suib-Dutcher, Ellington Public Schools; Bob Tedford, Ellington Parks and Recreation.

The Ellington School Readiness Council has partnered with the Vernon School Readiness Collaborative. The Vernon School Readiness Collaborative has been in existence since 1997 and has offered to share its experience and expertise with the Ellington School Readiness Council.

In Ellington, the grant will be used to support early childhood education/child care for 3 and 4 year olds on a sliding scale fee. Half day and full time programs are available in partnership with Somers Cooperative Preschool and the Hockanum Valley Child Day Care Center in Vernon. ***For more details and an application, contact Diane Lasher-Penti at Ellington Youth Services at 860-870-3130.***

The second piece of information I wish to share with you, is the 2009-2010 Adequate Yearly Progress Results for the Ellington Public Schools. Adequate Yearly Progress Reports are the result of the federal No Child Left Behind Legislation. The data used is from the spring 2010 administration of the Connecticut Mastery Test (CMT) and the Connecticut Academic Performance Test (CAPT). Statewide results were released by the Connecticut State Department of Education on August 12, 2010. A complete copy of the 2009-2010 Adequate Yearly Progress Results for the Ellington Public Schools can be accessed through the district website at [www.ellingtonschools.org](http://www.ellingtonschools.org). The results reported here are federally adjusted scores, as required by law, and present a confidence interval adjustment so as to allow score comparisons over time. Unadjusted scores will be somewhat lower. Data related to these calculations are included in the results located on the district website.

The first indicator assessed by the annual Adequate Yearly Progress Report is the rate of student participation in annual testing. The Adequate Yearly Progress target for student participation is 95% of all students, and of all students in each subgroup completing all testing. The participation results are calculated on a one, two and three year average. In this area, the results for the Ellington Public Schools are excellent. All schools administering the Connecticut Mastery Test (Center, Crystal Lake, Windermere, Windermere Intermediate and Ellington Middle School) achieved 100% participation in both reading and mathematics as they have for the past three years. Participation for the Connecticut Academic Performance Test at Ellington High School was 99% with a three-year average of 100%.

Staff, students and parents are to be commended on this achievement, as it takes considerable planning and re-testing to allow all students the opportunity to participate in all tests during the three-week testing window.

The two major academic areas included in the Adequate Yearly Progress Report are mathematics and reading. For those schools administering the Connecticut Mastery Test the required level of achievement for 2010 are 82% of students proficient in mathematics and 79% of students proficient in reading. These targets will continue to climb to 100% in 2014.

In mathematics, the percentage of Ellington students in grades three through eight who demonstrated proficiency are as follows:

100%	Center School
98.4%	Crystal Lake School
98.1%	Windermere Elementary School
100%	Windermere Intermediate
100%	Ellington Middle School

In reading, the percentage of Ellington students in grades three through eight who demonstrated proficiency are as follows:

96.5%	Center School
97.0%	Crystal Lake School
96.7%	Windermere Elementary School
98.1%	Windermere Intermediate
99.5%	Ellington Middle School

The results for the district as a whole are

98.9%	of students proficient in mathematics
96.4%	of students proficient in reading.

The elementary, intermediate and middle school report contains an additional indicator related to writing. All of the Ellington schools achieved the required target in this area as well.

The standards for the Connecticut Academic Performance Test are slightly different as the required level of achievement for 2010 in mathematics is 80% and in reading 81%. At Ellington High School, 91.5% of grade ten students demonstrated proficiency in mathematics, while 97.8% of grade ten students did so in reading. The High School report requires an additional indicator of academic achievement which is related to the graduation rate. In this area Ellington High School also achieved the target.

The same standards that are applied to all students, are applied to any subgroup of at least 40 students. The subgroups are: American Indian, Asian American, Black, Hispanic, White, Students with Disabilities, English Language Learners and Economically Disadvantaged. While not all schools, nor the entire district, may have the requisite forty students in all categories, where there are subgroup results, Ellington students did achieve adequate yearly progress.

At Windermere Intermediate School 100% of students with disabilities were proficient in mathematics with 92% proficient in reading. At Ellington Middle Schools 100% of students with disabilities were proficient in mathematics with 94.5% proficient in reading.

On the Connecticut Mastery Test the following district-wide subgroup proficiency results are noted:

Hispanic students: 100% mathematics/98.8% reading;  
 Black students: 100% mathematics/100% reading;  
 White students: 99.2% mathematics/96.8% reading;  
 Students w/Disabilities: 94.1% mathematics/86.1% reading  
 Economically Disadvantaged: 99.3% math/96.8% reading

As a result of the information presented above, all Ellington schools, as well as the entire Ellington School District, achieved Adequate Yearly Progress for 2009-2010. Due to the complexities of the formula and the increase in achievement standards, this is a fine accomplishment. More importantly, it is evidence that the resources of the district are focused on the achievement of all students. The administration and staff of the Ellington Public Schools will use the results of the Connecticut Mastery Test and the Connecticut Academic Performance Test to analyze individual student strengths and needs. Revisions to curriculum and instruction may be made as a result of this analysis, so that all students will achieve to their highest potential. I invite you to view the 2010-2011 District Instructional Plan which will be posted on the district website in October.

*Stephen C. Cullinan*

**Registrar of Voters  
860-870-3107**

The upcoming State election is slated for **November 2, 2010**. Residents will cast their votes for Governor and Lieutenant Governor, U.S. Senator, Representative in Congress, State Senator, State Representative, Secretary of the State, Treasurer, Comptroller, Attorney General, Judge of Probate and Registrar of Voters.

To register to become a voter in Ellington or to change your voting information (i.e. address, name or party affiliation), please call 860-870-3107 or pick up a voter registration card at our office, the library or the Town Clerk's Office. You may also get an application online from the Secretary of the State's website, [www.sots.state.ct.us](http://www.sots.state.ct.us). Return the cards to the Registrar of Voters, P.O. Box 187, Ellington, CT 06029.

The **LAST DAY** to register in person for the State election is October 26, 2010; October 19, 2010 for mail-in, postmarked forms. Those persons seeking to vote in the election whose qualification as to age, citizenship or residence was attained after October 26, 2010, may register to vote up to 12:00 noon on November 1, 2010. The following voter-making sessions have been scheduled:

**VOTER REGISTRATION SESSIONS**

Date	Time	Location
September 28	9AM-5PM	Town Hall
October 16	10AM-2PM	Hall Memorial Library
October 26	9AM-8PM	Town Hall
November 1*	9AM-12 Noon	Town Hall

\* The November 1 registration session is limited to those persons who have become 18 years of age, US Citizens or residents of the municipality on or after October 26, 2010.

Please check the newspaper for any changes or additional registration sessions. You are also encouraged to register during regular office hours or by mail.

All of this information and more is available on the town's website, [www.ellington-ct.gov](http://www.ellington-ct.gov); select "Town Services"; select "Registrar of Voters".

*Susan Luginbuhl*  
Democratic Registrar of Voters

*Wanda DeLand*  
Republican Registrar of Voters

Senior Citizens who need a ride to the Voting Polls on November 2, 2010 should call the Senior Center Transportation Secretary at 860-870-3137 to make a reservation. Please call no later than October 18.

**Absentee Ballots**

Absentee Ballots will be available in the Town Clerk's Office beginning October 1, 2010 for registered voters who will not be in Ellington on November 2<sup>nd</sup> during voting hours. Any qualified voter unable to vote due to the following reasons may obtain an Absentee Ballot:

- ◆ Illness or physical disability
- ◆ Absence from town during all election hours
- ◆ Religious beliefs forbidding secular activity on election day
- ◆ Serving as an election official at a polling place other than their own
- ◆ Active service in the Armed Forces

An application for an Absentee Ballot **MUST** be completed before a ballot can be issued. As of October 1, ballots can be given to a voter in person in the Town Clerk's office or can be mailed to the voter upon receipt of the application. (Ballots cannot be given to anyone other than the voter in person.)

Applications can be downloaded from our website:

[www.ellington-ct.gov](http://www.ellington-ct.gov).

You can also pick up an application at anytime in the Town Clerk's office or call us and we will mail you an application (860-870-3105). The Town Clerk must receive the voted ballot back by Election Day in order for the vote to count.



**Anna Turner, Elderly Outreach**  
860-870-3131

**VETERANS AID & ASSISTANCE BENEFIT**  
September 23 at 7pm at the Ellington Senior Center

VFW Post 10689 & TRIAD are hosting Attorney Henry Weatherby who will give information on the application process for the Veterans' Aid & Assistance Benefit. This benefit can help pay for home care for veterans &/or their widows. Please call 860-870-3131/Anna Turner by September 21 to register to attend.

**ELLINGTON EMERGENCY CALL SYSTEM**  
October 19 at 1pm at the Ellington Senior Center

Don Davis, Emergency Management Director, will provide an update on the new Everbridge System & how it will be used in town during emergencies. This is a FREE Lunch & Learn Program—lunch 12:30/ Presentation at 1pm. Call the Senior Center 860-870-3133 by October 15 to register to attend &/or set up transportation.

**BALD EAGLE STUDY GROUP PRESENTATION**  
October 28 at 1pm at the Ellington Senior Center

The Better Age Club & TRIAD are hosting Mr. Donald Hopkins who will speak on the Bald Eagle Study group and show slides on the Eagle count done each year in CT. Call the Senior Center at 860-870-3133 to register to attend. Refreshments served.

**ANNUAL SENIOR CITIZENS**  
**FLU SHOT CLINIC**

November 2 by appointment only  
Ellington Middle School

Call the Senior Center at 860-870-3133 to register for a flu shot given by the Visiting Nurse & Health Care Services. You must bring your Medicare card, Aetna card or Anthem Blue Cross, or ConnectiCare, or HealthNet card

**MEDICARE PART D FOR 2011**  
November 30 at 2pm at Ellington Senior Center

Anna L. Turner, MSW, will provide information on changes to the Medicare Part D program. Call 860-870-3131 by November 26 to register to attend. Refreshments served.

**PARKINSON'S DISEASE SUPPORT GROUP**

A Parkinson's Disease support group meets the 3<sup>rd</sup> Friday of every month at 10am at the Ellington Senior Center. We are part of the CT Chapter of the American Parkinson's Disease Association. All are welcome to attend—call Anna Turner at 860-870-3131 for details.

**Erin Graziani, Sr. Center Director**  
860-870-3133

**New Senior Center Van**

The Senior Center applied for and subsequently received a \$40,000 State Grant for the purchase of a new wheelchair-accessible van which was delivered to the Senior Center in July. Regular van service includes rides to the Senior Center, senior events/programs and grocery shopping. The Senior Center also provides transportation services for non-emergency medical appointments; Monday through Friday between the hours of 9 AM and 1:30 PM. For more information or to request a transportation packet, call our Transportation Secretaries, Florence Brennan or Susan Shepard, at 860-870-3137.

The Senior Center Newsletter and Calendar of Events are available online at [www.ellington-ct.gov](http://www.ellington-ct.gov), select 'Our Town'; select "Newsletters".

**Volunteers Wanted**

This Fall the Human Services Commission will form a Steering Committee to explore the possibility of constructing a new Senior Center and Senior Housing. If you are interested in becoming part of this committee, please complete a Statement of Interest form (available from the First Selectman's Office - 860-870-3100 or our website, [www.ellington-ct.gov](http://www.ellington-ct.gov)). Forms must be returned to the First Selectman's Office (PO Box 187) by October 1, 2010. Enthusiastic, creative problem-solvers wanted.

**Holiday Bazaar**

November 6  
9AM-2PM

Senior Center, 16 Church Street

A perfect way to start the holidays.  
Items include hand-made crafts,  
knitted items, homemade fudge,  
cakes and pies.

George Fetko, Public Works Director  
860-870-3140

### Household Hazardous Waste

The Town of Ellington has scheduled a

**Household Hazardous Waste Day**  
**Saturday, September 18, 2010**  
**8AM -1PM**  
**Town Garage, 21 Main Street**

Items that may be brought are household chemicals, cleaners, garage and workshop chemicals, pool chemicals, paint, paint thinner, fluorescent bulbs and mercury thermometers. **These items should never be disposed of in your regular trash.**

Call Public Works at 860-870-3140 if you have any questions. If you miss our Household Hazardous Day, Ellington residents may attend other MDC drop-off locations. Visit [www.themdc.com](http://www.themdc.com) for dates and locations.

### Hoffman Road Brush Drop Off Area

#### Hours of Operation

#### September

Saturday 9:00 am—4:00 pm

#### October & November

Saturday 9:00 am - 4:00 pm

Tuesday 1:00 pm - 4:00 pm

Thursday 1:00 pm - 4:00 pm

**Closed for season December 4**

**Items accepted:** leaves, brush, firewood and trunks of trees.

**Items not accepted:** Construction materials, grass clippings and tree stumps. GreenCycle (860-827-1490) on Sadds Mill Road will accept stumps.

**Proof of Residency Required**

### Recycling Update

Residents are now able to put **all** plastic food and beverage containers into their recycling carts, not just those made from #1 and #2 plastics. Yogurt cups, margarine tubs, ketchup bottles – just about anything that contained food or beverages and is made of plastic. Check the item for the triple-arrow recycling symbol ~ #1 through #7.

For a full list of recyclable items, visit our website at:  
[www.ellington-ct.gov](http://www.ellington-ct.gov)  
Select 'Government'  
Select 'Public Works'



### Electronic Waste (E-Waste) Recycling

Computers, televisions and other home electronic equipment are one of the fastest growing portions of our waste stream. Home electronics includes computers, monitors, cell phones, TVs, VCR/DVD players, fax machines, printers, radios, stereos.

Careful disposal of these items is important because some electronics contain hazardous components. Computer monitors and televisions can contain leaded glass. Materials such as mercury, cadmium, nickel and zinc can be found in printed circuit boards. Cadmium can also be found in batteries and mercury can be present in relays and switches. Because of the presence of these materials, it is important that we are careful how we dispose of these items. **These items should never be disposed of in your regular trash.**

**Ellington Residents can bring their electronic waste to the Public Works Facility located at 21 Main Street. Item should be placed in the red shed, located on the north side of the property.**

### Bulky Waste Pickup

Bulky waste includes scrap metal, white goods, appliances, aluminum, copper, brass, tools, water tanks, pipes, faucets, tires, rims, furniture, carpet, toys, toilets, sinks, tubs, mattresses, box springs, etc. Wood and carpet cannot exceed 4 ft. in length. Carpet should be rolled and tied. No more than 2 cubic yards of bulky waste allowed per week. To schedule a pickup, please call **four days** before your *regular* collection day: **All American Waste 860-289-7850**

**Note: Demolition/construction debris is not picked up under the bulky waste program.**

### Bagged Leaf Collection

#### November 15-19

Leaves must be put in paper leaf bags and placed at curbside. Leaf collection will follow the same schedule as your trash collection.

Leaves can also be brought to the Hoffman Road Brush Drop Off Area. Plastic bags must be emptied.



## ELLINGTON RECREATION DEPARTMENT 2010 FALL PROGRAMS

**Address:**

31 Arbor Way/P.O. Box 187

Email: [recreation@ellington-ct.gov](mailto:recreation@ellington-ct.gov)**Office Hours :**

Monday 8:30 am-6 pm Friday 8:30 am-1:30 pm

Tuesday-Thursday 8:30 am-4:00 pm

**Phone:** (860) 870-3118**Fax:** (860) 870-3198**[www.ellington-ct.gov](http://www.ellington-ct.gov)**

### New Registration Process

The Ellington Parks and Recreation Department has implemented a new registration process for ALL recreational programs/camps through our Activenet On-Line Program. The process for the on-line registrations is easy and convenient for all. The process involves following these simple steps:

Go to [www.ellington-ct.gov](http://www.ellington-ct.gov);

Click 'Town Services'; 'Parks & Recreation';

Select 'Click here for New Activenet On-line Registration!'

It is imperative that an adult household member setup the family account. The process for requesting an account is simple and takes but only a few minutes of your time. The advantage to setting up an account is the convenience of registering for recreational programs and camps at your leisure. You will need an e-mail address to setup your account, a password and family member's dates of birth. (Remember to add your family members to your account).

If you do not have access for setting up an account at home, we can assist you in setting up your account here at the Recreation Department Office during regular office hours. **In-office on-line registrations allows you to pay by cash, check or charge with no convenience fee being applied to your credit card. \*Note: there is a convenience fee applied to your credit card when registering at home.** If you have any questions or problems please contact Mary Bartley, Recreation Supervisor, who will assist you. Thank you, Recreation Staff.

### Cancellation Notice

**In the event of snow or bad weather, the Recreation Department will put all program cancellations on television. Tune in to Channels 3, 30 and 8 to check if there is a cancellation which will be listed under 'Ellington Recreation Department'. We reserve the right to limit class size and to cancel classes failing to meet minimum requirements. Ellington residents are given preference for all programs during the first week of registration.**

### "Buy-A-Brick" at Brookside Park

#### *"Buy a Brick...Leave a Legacy"*

Be a part of Ellington's history and help pave the way to a better Brookside Park! The Ellington Recreation Department is sponsoring a "Buy-A-Brick" fundraiser to benefit the enhancements to the playground at Brookside Park. Donors will have the opportunity to purchase engraved bricks which will be used to create a walkway near the playground area at Brookside Park. This is a permanent and meaningful way to help build our community. Bricks may be engraved to honor family members: Grandpa, Grandma, Mother, Son, Friends, memory of loved ones, teachers and/or businesses. What a great way to support your community and at the same time create a lasting memory for your family and friends. Bricks will be available for purchase in two sizes: a 4x8 inch engraved brick paver is available for \$75; an 8x8 inch paver may be purchased for \$100. To buy a brick, send a check, along with a completed order form to:

**Ellington Recreation Department  
Attn: Buy-A-Brick, P.O. Box 187  
Ellington, CT 06029**

If you have any questions, please e-mail Cheri at [Tay103@comcast.net](mailto:Tay103@comcast.net)

**Please join us on October 30 at 11am for the GRAND OPENING of Phase 2 of the newly refurbished Brookside Park Playground!**

### UCONN Women's Basketball Bus Trip to Madison Square Garden, New York City

Maggie Dixon Classic Game VS. Ohio State

**Sunday, Dec. 19, 2010**

**\$67.00 per person    Limited to 55 Tickets**

Children under the age of 18 years of age must be accompanied by an adult. Make Checks Payable to:

**Town Of Ellington**

Registration Deadline: October 15th

## FALL JAM 2010!



Tuesday, September 14, 2010

7:30-8:30pm

@ Ellington Middle School Gym

This is a free community event to kickoff the year! It will feature Connecticut's finest Zumba® instructors, a live percussionist, a drawing for prizes, healthy food and Zumba® clothing for sale.

**Bring friends, family and co-workers.  
Come experience the joy for yourself!**

## ADULT SPORTS

PROGRAM	ID CODE	DATES	TIME	AGES	FEE	LOCATION
Men's Volleyball	0101.MVB	Thursdays Starting Oct 21	7:30-9:30 pm	18 + up	\$20 Residents \$25 Non-Residents	Crystal Lake Or Middle School
Women's Volleyball	0102.WVB	Wednesdays Starting Oct. 20	7:00-9:00 pm	18+ up	\$20 Residents \$25 Non-Residents	Crystal Lake School
Co-Ed Volleyball	0103.CVB	Wednesdays Starting Sept. 22	7:30-9:30 pm	18+ up	\$20 Residents \$25 Non-Residents	Middle School
Men's Informal Basketball (2 locations)	0104.MIB5 0104.MIB7	Monday Evenings Sept. 13	5:30-7:30 pm 7:30-9:00pm	Over 30 Under 30	\$20 Residents \$25 Non-Resident	Windermere School
Adult Tennis Lessons Ages 15 and up	Tennis. AI	Sept. 15,22,29; Oct 6 Rain date to be determined Ins. Rich Willis	6:00-7:00pm 7:00-8:00pm	Beginner Intermediate	\$30 per session	Brookside Park
Cardio Adult Tennis	CARDIO.1	Sept. 15,22,29; Oct 6 Inst. Rich Willis	8:00-9:00pm	All Levels	\$30	Brookside Park
Adult Competitive Basketball	0109.ACB	League Play Begins 3rd week of November Thursday Evenings	7:15-9:30 pm	18+ up	Team Fee \$480.00	Middle School
Women's Informal Basketball	0110.WIB	Tuesday Evenings Oct. 5 -April 5,2011	7:30-9:00 pm	18+ up	\$20 Resident \$25 Non-Residents	Center School
Informal Soccer Sunday	0111.ISS	Sunday Mornings On going through Nov.	9:00-11:30 am	18+ up	N/A	Brookside Park
Adult Indoor Soccer Co-ed	0112.AIS	Starting Wednesdays Oct. 27 - April 13 Supervisor: Ray Collin	7:30-9:30pm	18 & up	\$20 Residents \$25 Non-Residents	Windermere School
Adult Badminton Instruction Available	0113.BDM	Starting Tuesdays Sept. 28;Oct. 5,19,26	6:00-7:15pm	18 & up	\$20 Residents \$25 Non-Residents	Crystal Lake School Gym
Eastern CT Women's Soccer Club	0115.401	Sunday Sept.12 - Nov. 14, 2010	9-10:30am	23 & up	Sponsors Fees	Brookside Park

## ADULT &amp; CHILDREN MINI-PROGRAMS

ACTIVITY	ID CODE	DATES	TIME	AGES	FEE	LOCATION
Adult Karate Instructor: Paul Ward	KARATE.SF1  KARATE.SF2	Session 1: Sept 9,16,23,30: Oct. 7,14 Thursdays  Session 2: Oct. 21,28; Nov. 4,18;Dec. 2,9 Thursdays	6:45-7:45pm	18 & up	\$45 per session	Windermere School Gym
Women's Self-Defense	WMEN.SD	Sept. 23 & 30 Inst.: Paul Ward	7:15-8:45pm	12 + up	N/A	Windermere School
Jukido All Skill Levels Instructor: Paul Ward	JUKIDO.SSF1  JUKIDO.SSF2	Session 1: Sept 9,16,23,30: Oct. 7,14  Session 2: Oct. 21,28; Nov. 4,18;Dec. 2,9	5:30-6:45pm	6 + up	\$45 per session	Windermere School Gym
Kripalu Yoga Instructor: Jack Fila	KRIP.YOGA6	Session: 6: Sept. 16,23,30; Oct. 7, 14, 21 ,28; Nov. 4,18; Dec. 2,9,16	6:30-7:45pm	18 & up	\$8.00 per class pre-registered Or \$9.00 Walk-In	Hall Memorial Library 93 Main St.
Community Holiday Chorale	0510.401	To be determined by interest. Registration due by Oct	Evening/ Weekends	ALL	N/A	Varies
Youth Informal Volleyball	YIVB.401	Sept. 27; Oct. 4,18,25	5:30-6:45pm  6:45-8:00pm	Grades 5-6  7-8	\$15	Middle School
NYSCA Coaches Clinic	NYSCA.401 NYSCA.402	Sept 16 Oct. 14 this program is available on line <a href="http://www.nays.org/nyscaonlineclinics">www.nays.org/nyscaonlineclinics</a>	7:00-9:00pm	18 & up	\$25	Arbor Commons 2
Soccer/ Basketball Officials' Clinic	Contact Recreation Department 870-3118	Clinics for in-house officiating will be held early Sept & early Nov.	TBD	14 and up	N/A	To be determined
Golf Lessons Women's  Adult  Juniors	GOLFW.F010  GOLFA.FO10  GOLFJ.FO10  GOLFR.F010	All Saturdays Oct. 2,9,16,23  Instructor: Jeff Wadsworth <a href="mailto:jwadsworth50@comcast.net">jwadsworth50@comcast.net</a>	11:00-12noon  12-1pm  2pm-3pm  3pm-4pm	Women Adults  Jr 6-9  Jr 10-13	\$60	Ellington Golf Center
Fall Softball	Fall Softball, Ages 9-14, MAY be available if interests warrants. Birth dates coincide with league guidelines. Please contact the Recreation Department—860-870-3118 in order to determine the status of league play. Informal games are slated to be played on weekends.					

Page 12		The Ellington Connection				Fall 2010	
ACTIVITY	ID CODE	DATES	TIME	AGES	FEE	LOCATION	
Youth Co-ed Informal Basketball	ICED.BB1	Tuesdays, Sept. 21,28; Oct. 5,19	5:30-6:45 6:45-8:00pm	3-6 Grade 7-8 Grade	\$5	Windermere School	
Tennis QUICK START	TENN.QSC	Session C: Sept. 15,22,29; Oct.6,	3:45-4:45pm	K-4th grade Max 20 per session	\$35	Brookside Park	
High School	HSA.TENN	<b>Session A Beginners</b> Sept. 14,21,28; Oct. 5,12 (Tuesdays) <b>Session B Advanced</b> Sept. 16,23,30; Oct. 7,14 (Thursdays)	3:30 -5:00pm*	14-18 years	\$35 per session	Brookside Park Inst. Charles Huggins	
Tiny Tot	TINY.TTT		5:00 -5:45pm	3-5 years			
Pee Wee	PEE.PWE		5:45 -6:30pm	6-8 years			
Youth	YOTH.TN		6:30 - 7:30pm	9-13 years			
Tennis			*High School Tuesdays & Thursdays				
<b>Tennis Evaluation Clinic</b>	<b><u>Tennis Evaluation Clinic: Saturday, September 11; Rain date Sunday, September 12</u></b> Tennis instructors will evaluate the kids for which clinic they should attend, whether it be <b>beginners on Tuesdays</b> or <b>Advanced on Thursdays</b> . Evaluation clinic will be for 30 minutes for each category. Tiny Tots (3-5) 11am ~ PeeWee (6-8) 11:30am ~ Youth (9-13) 12noon ~ Beginners (14-17) 12:30pm						
Lacrosse	0501.LAXB	Saturdays Sept.11—Oct. 30	TB determined by # of teams	Boys Grades 5-8	\$30.00	Windermere Field	
<b>BOYS</b>	An informal Youth (Boys) Lacrosse Program will be offered for individuals entering 5th & 6th grades or 7th & 8th grades for the Fall 2010. A mini-game schedule will be held versus teams from Vernon, Tolland, South Windsor, Somers and Granby. One weeknight game and possibly a Saturday game, starting the second week of September 11th. Registration will be open until rosters are completed and space remains available. There will be a <b>FREE</b> Lacrosse Boys Clinic on Sunday, Sept. 19th & Oct. 3rd open to boys in grades K-8 from 3pm-4:30pm for inexperienced players at Windermere School Fields.						
Lacrosse	0501.LAXGL	Sept. 1,18,25; Oct 9,16,23,30	Saturdays 3-4:30pm	Girls Grades 6-8	\$30.00	Somers CT Lacrosse Fields	
<b>GIRLS</b>	The girls in 6th,7th and 8th grade will be in an informal league. The games will take place in Somers, CT on the above Saturday dates. There will be a <b>FREE</b> Lacrosse Girls Clinic on Sunday Sept. 19th & October 3rd open to girls in grade K-8 from 3pm-4:30pm for inexperienced players at Windermere School Fields.						
Babysitter Safety Information	BABE.SITT5 BABE.SITT6 BABE.SITT7	Session # 5: Sept. 28 & 30 Session # 6: Oct. 19 & 21 Session # 7: Nov. 9 & 16	2:30pm-5:30pm 3:30pm-6:30pm 3:30pm-6:30pm	11 to 15 year olds	\$45.00	EMS Cafeteria Windermere Cafeteria	
<b>CPROHEART LLC Babysitter Safety Course</b> teaches the skills necessary to care for children of all ages in a variety of settings. The course is intended for 11 to 15 year olds. It covers; diapering, feeding, burping, soothing techniques for an infant, toddler considerations, behavior issues and skills for good behaviors, house safety, fire extinguishers and phone safety. It covers injury prevention, first aid, and choking, and basic CPR techniques. The course covers how to call 911, what to do while waiting in an emergency. The course is six hours, it can be done in two, three-hour sessions and includes a workbook and certification upon completion. It is fun and very interactive with a lot of hands on practice in diapering, bandaging, and role playing. Bring a snack & water bottle, wear comfortable clothing, no cell phones on during class, no computer games or iPods.							

## PRE-SCHOOL &amp; TEENS

ACTIVITY	ID CODE	DATES	TIME	AGES	FEE	LOCATION
Informal Co-ed Basketball	ICED.BB2	Oct. 1,8,15,22,29; Nov. 5,12,19 Fridays	7pm-9 pm	Grades 9-12	\$5	Center School
After School Bowling Program	0516.CENK4 0516.WINK6 0516. CLSK4	Oct. 7,14,21,28; Nov.4, 18 Thursdays  <b>Parents pick up students at Spare Time</b>	4:00pm-6:00pm	Grades K-4	\$65	Spare Time "Vernon Lanes"
			3:00pm-5:30pm	Grades 5-6		
Little Hands Art	LITT.HAND1  <b>Adult participation required</b>	Session 1: Sept. 17, 24; Oct.1, 8, 15, 22, 29; Nov. 5	11:15-12:15pm	Ages 2 & 3 years	\$65 Resident \$70 Non-Resident	Hall Memorial Library
Music & Movement for Tots	MNM.THUR5  <b>Adult participation required</b>	Session 5: Sept. 16, 23,30; Oct. 7, 14, 21, 28; Nov. 4 Thursday	10:15 am-11:00 am	Ages 1 to 3 years	\$65 Resident \$70 Non-Resident	Hall Memorial Library
Outdoor Pee Wee Sports	OPWS.TUES  <b>Adult participation required</b>	Sept.14,21,28; Oct.4 Tuesdays	10am-10:45am	Pre-K only ages 4 & 5 years in 2010	\$35	Brookside Park
After School Yoga for Teens	AFTS.YOGA	Session 1: Sept 14 -Oct 26 Tuesdays Session 2: Nov. 9 - Dec. 14 Tuesdays Session 3: Jan 4 -Feb. 15 Tuesdays	2:30pm-3:30pm	7th & 8th grade	\$5.00 per class	Middle School

**SANTA LETTERS:**

Letters to Santa can be dropped off at the Post Office in Santa's Mail Box starting

**NOVEMBER 29**

**DECEMBER 13** is the last day to drop off letters in order for Santa to provide a timely response.

**Please make sure your letter is addressed to Santa and you put your name and return address on the envelope.**

**Basic Crochet**

This is a class we will go over the basic crochet stitches, chain, single crochet, half double and double crochet. We practice a basic square and work our way to granny squares and reading patterns. Class will move from instruction to practice as time passes.

**Age:** Ages 15 +

**Days:** Tuesdays and Thursdays  
Sept. 28,30; Oct. 5,7, 14,19,21

**Time:** 5:30-6:30pm

**Location:** TBD

**Fee:** \$35.00 for entire session  
Plus \$5 materials fee

Instructor: Lauren Sembersky

**Ballet I**

Introduce your child to the beauty of dance. We will learn some basic steps & positions, but still have plenty of time for play and exploration. Your child will gain new motor control and be exercising while having fun!

**Age:** 6-9

**Day:** Wednesdays  
Sept. 29; Oct. 6,13,20,27; Nov. 3

**Time:** 6-6:45 pm

**Location:** TBD

**Minimum Class Size:** 7

**Fee:** \$35.00

Instructor: Lauren Sembersky

**Ellington's "OWN" Ultimate Frisbee**

Ellington Ultimate Frisbee is ON! The Recreation Department third year program will continue in the form of Ultimate Frisbee. Come join one of America's fastest growing sports! This is a field sport similar to soccer except played with a Frisbee. Ultimate is a great way to get in shape and have some fun. Open to residents of all surrounding towns.

**Adult (Age 14+) ~ Grand Masters (Age 50+)**

**Both Programs are held at Windermere School**

**Mondays & Fridays from 5:30pm-dark. No fee.**

**Pre-registration is REQUIRED at Recreation Office**

For more information : <http://sports.groups.yahoo.com/group/ellingtonultimate> - or - contact Karl at [ksneubec@firehousemail.com](mailto:ksneubec@firehousemail.com)

**Welcome to Nordic Walking**

Nordic Walking is a time efficient, low stress, total body workout. Today over a half million people in Europe have joined this walking for fitness movement. Nordic Walking can be done basically anywhere outdoors and indoors providing that there is ample space. Anyone that can walk will enjoy this activity.

All you need to begin is a set of well designed and properly adjusted Nordic Walking Poles and some training in the techniques of Nordic Walking from a Certified Nordic Walking Instructor. Benefits to Nordic Walking are it brings you outdoors, works your entire body, improves posture, adds stability etc. Contact: Jack Fila, Certified Nordic Walking Instructor, @ 860-202-2403 or e-mail [nordicwalkerjack@cox.net](mailto:nordicwalkerjack@cox.net) for further information.

**Saturdays: September 18,25; October 2,9**

**12:30pm-1:30pm @ Brookside Park \$25.00**

**PRE REGISTRATION REQUIRED / CODE: NORD.WALK**



**Zumbatomic® Certified Instructor: Tressa Giordano**

**ZUMBA.KID1**

Session 1: Sept. 21,28; Oct. 5,19,26

**ZUMBA.KID2**

Session 2: Nov. 9,16,23,30; Dec. 7

Ages 6—11 years \$35.00 per session

6:45-7:15pm @ Ellington Middle School

Your kids are going to love this class! The perfect combination of age appropriate fitness & fun! The class combines high energy, motivating music with easy to follow kid friendly moves. Zumba® creates a party-like atmosphere that is so much fun kids won't even know it's fitness. In no time they'll be shakin', movin', rockin' and slamin' to Latin and international beats like reggae ton, hip-hop, salsa, calypso, cumbia, meringue, samba and more. Be ready to exercise and party. Come in comfortable clothing and sneakers. Bring a water bottle.

### Pre-Season Informational Coaches Clinic

The Recreation Department, in an attempt to provide support services to ALL Town of Ellington Coaches, has designed a pre-season Coaches Clinic that will discuss the following VERY important aspects of coaching today's youth:

- Moral/legal obligations of a coach
- Emergency procedures and concussion information
- Parent/Coach communication and expectations
- Coaching Guidelines: practice planning, teaching drills/skills, coaching 101
- Mandatory requirement: registering for and completing an approved AED/CPR/FIRST AID class offered by the department
- Equipment Inventory
- Playing time philosophy and Town of Ellington/Parks and Recreation Commission Policies
- Question/answer session

Guest Speakers from both the college and high school sector will be involved in the presentations.

**Dates:** September 13 and October 25  
(a coach must attend just one of the scheduled dates)

**Location:** The New Saint Franciscare Building  
located on Rte. 83 in Ellington (opposite McDonald's)  
Seminar will be in the Conference Room

**Time Frame:** 6:30pm-9:00pm

The seminar is required attendance for ALL Ellington Recreation Department Coaches, regardless of the sport that an individual has or wishes to coach in.

Head Coaches as well as assistant coaches are expected to pre-register by contacting:

Bob Tedford e-mail: [rtedford@ellington-ct.gov](mailto:rtedford@ellington-ct.gov) or  
Mary Bartley [mbartley@ellington-ct.gov](mailto:mbartley@ellington-ct.gov)

### YOUTH BASKETBALL COACHING CLINICS

*Clinician: Stan Ogrodnik*

Based on last year's popular reception, former Trinity College Men's Varsity Basketball Coach Stan Ogrodnik will provide Recreation Department Youth Basketball Coaches, both experienced and new, with pre-season clinics in order to prepare for the 2010-2011 season. Pre-registration is required by contacting the Recreation Office 860-870-3118

**Experienced and inexperienced coaches may attend one or both clinics ~ 6:30-9pm ~ Dates to be determined**

### Automated External Defibrillator (AED)

#### First Aid CPR Training

The Recreation Department has a certified CPR/AED/First Aid instructor on staff. New classes have been scheduled (see below) that will allow all Ellington coaches, athletic officials, program instructors, and staff to register free of charge. All classes will be held at the Recreation Office at 31 Arbor Way.

Wednesday	September 15	5pm-10pm
Monday	October 4	5pm-10pm
Saturday	October 9	9am—2pm

Please understand that **each coach is required to complete this training.** We can only allow 6 coaches per class, so early registration is important. Thank you in advance.

Register online at [Ellington.safety@yahoo.com](mailto:Ellington.safety@yahoo.com)

WHEN YOU REGISTER PLEASE LEAVE FULL NAME, PHONE NUMBER AND SPORT YOU ARE COACHING.

*Instructor: Allison Breen*

### USTA COACHES TENNIS WORKSHOP

Anyone interested in learning the basics of coaching and teaching tennis or seeking a refresher on more current methods and effective tools, should attend a Recreation Coach Workshop.

Taught by a specially trained, certified teaching professional this active 6-hour session covers:

- > Games and drills every coach should know
- > The games—based approach to coaching
- > Teaching large groups
- > Implementing effective team practices
- > Learn QuickStart Tennis to introduce younger kids to the game

**Date:** Saturday, September 18th @ Brookside Park

**Time:** 9am-3:30pm

**Cost:** \$30.00

To register contact the Recreation Office @ 860-870-3118 or Jim Maitland @ 860-462-3627

Page 16		The Ellington Connection			Fall 2010		
ACTIVITY	ID CODE	DATES	TIME	AGES	FEE	LOCATION	
Adult <b>ZUMBA®</b> Fitness  Instructors: Joanne Britton & Tressa Giordano	ZUMBA.108 TT ZUMBA.108TU ZUMBA.108TH	<b>Session 8</b> Sept. 16,21,23,28,30; Oct. 5,7,14,19,21 <b>(10 classes)</b> Tuesdays & Thursdays	<b>7:30-8:30 PM Adults</b>  \$5.00 per class \$50.00 pre-paid session 108 \$55.00 pre-paid session 109 \$20.00 pre-paid December mini session <b>OR \$8.00 Walk-In Fee at the Door</b>  LOCATION: Ellington Middle School Gym  The Latin-inspired, easy-to-follow, calorie-burning, dance fitness party. Feel the music and let loose. Bring a water bottle and towel.				
	ZUMBA.109TT ZUMBA.109TU ZUMBA.109TH	<b>Session 9:</b> Oct. 26,28; Nov. 4,9,16,18,23,30; Dec. 2,7,9 <b>(11 classes) www.zumba.com</b>					
	ZUMBA® 2010 Session	<b>Mini December:</b> Dec. 14,16,21,23					
Core Training  Instructor: Ginny Hogan	CORE.TRA	<b>Mondays</b> Sept. 13,27; Oct. 4,18,25; Nov. 1,8,15,22,29	7:30-8:30pm Bring exercise ball & mat.	Adults	\$5 per class pre-paid \$7 Walk-In	Center School	
<b>Core Training</b> focuses on the abs, glutes, hips, and lower back. By performing progressively more challenging exercises on a regular basis, you will strengthen the body's power center and prepare yourself to move more efficiently in everyday life and sports.							
Strength Sculpt & Tone  Instructor: Ginny Hogan	SSTE.MON	<b>Mondays</b> Sept. 13,27; Oct. 4,18,25; Nov. 1,8,15,22,29 (No Class 9/20)	6:00-7:15pm	Adults	\$5 per class pre-paid \$7 Walk-in	Center School	
	SSTE.WED	<b>Wednesdays</b> Sept. 15,22,29; Oct. 6,13,20,27; Nov. 3,10,17	Bring a mat & water bottle.				
<b>Strengthen, Sculpt, and Tone</b> is a strength-training program using resistance bands, medicine balls, and hand weights. You will get a full-body workout that will build lean muscle and burn lots of calories. Bands will be available for purchase. . This class is suitable for all levels of fitness men, women and teens are welcome.							
Kickboxing  Instructor: Ginny Hogan	KICK.BOX	<b>Wednesdays</b> Sept. 15,22,29; Oct. 6,13,20,27; Nov. 3,10,17	7:30-8:45pm	Adults	\$5 per class pre-paid \$7 Walk-in	Center School	
	<b>Kickboxing</b> gives you a great cardio workout as you kick, punch, and jump to the beat of invigorating music. Learn some safe, basic techniques from a certified personal trainer and martial arts Black Belt. Follow along as she gives your upper and lower body, as well as your core, a workout that will burn plenty of calories. Not too dancey & not overly technical, this class is suitable for exercisers of all ability levels who want to work out in a fun and spirited class. Bring a mat for Ab work at the end of class.						
Boot Camp for Couples  Instructor: Ginny Hogan	BOOT.CMC	<b>Thursdays</b> Sept. 9,16,23,30; Oct 7,14,21,28; Nov.4,18	7:30-9pm	Adults	\$5 per class pre-paid \$7 Walk-in	Center School	
	<b>Boot Camp for Couples</b> is a new class geared for those seeking intensity, cardio and conditioning. Line up the babysitter! You both deserve a night out for yourselves~ to sweat, burn calories, get fit and have some fun. Get a total body workout using various types of fitness equipment (hand weights, kettle bells, etc) doing partner drills, relays, boxing and plyometrics. Be prepared for an invigorating, challenging workout! Bring water bottle ,mat & hand weights if you have them.						



## Recreational League Basketball for Grades 3-8

**Registration: October 4-December 2, 2010**

**Recreational League Fees: \$60-1 child; \$100-2 children; \$135-3 or more in family**

### **Recreation League Team Selection Policy:**

- Games played on Saturdays and/or Weeknights; times and locations pending final enrollment.
- Team Selection: All players will be reselected each athletic season for the Recreation Division League.
- Team Placement Requests: All requests to have a player either removed or placed on a certain team MUST be made in WRITING at least 2 days prior to the actual league draft of December 4, 2010
  - A Parent/Guardian may request that their child be placed on a certain team, but only due to extreme hardship, such as: transportation, personal issues. Requests are not guaranteed.
  - A written request is required if a parent/guardian wishes to have their child move up one division. Placement is based on: safety, skill level and available roster space.

## Recreation League Evaluation Clinic Dates Saturday, December 4th, 2010

Boys @ Ellington Middle School	ID Code	Time	Girls @ Windermere School	ID Code	Time
3rd & 4th grade	1104.101	8:30 am- 9:45 am	3rd & 4th grade	1107.101	8:30 am- 9:30 am
5th & 6th grade	1105.101	10:00 am-11:15 am	5th & 6th grade	1108.101	9:45 am-10:45 am
7th & 8th grade	1106.101	11:15 am-12:30 pm	7th & 8th grade	1109.101	10:45 am-12Noon

## Boys & Girls Instructional Youth Basketball: Ages 4 years-2nd Graders

**Saturday Mornings @ the Ellington Middle School**

*Parent Volunteers are needed in order to provide a better Coach to Player ratio.*

**Registration: October 4th — December 2nd, 2010**

**Program Dates: Dec. 11,18; Jan. 8, 15, 22, 29 Feb. 5, 12**

**Fees: \$30/1 child; \$45/2 children; \$62/3 or more children**

Boys & Girls @ Ellington Middle School	ID Code	Time
2nd graders (as of 12/31/10)	1110.1012nd	8:30am- 9:30 am
1st graders	1111.1011stg	9:30am-10:30 am
Kindergarten	1112.101Kind	10:30am-11:30 am
4 Year olds	1113.1014years	11:30a.m.-12:15pm

All Youth Basketball Registration will be taken during Regular Office Hours:  
**Monday: 8:30 am-6pm; Tuesdays-Thursdays: 8:30am-4:00pm; Fridays 8:30 am-1:30 pm**

**BASKETBALL OFFICIALS:** The Recreation Department is providing a mandatory pre-season basketball official's clinic, a combined classroom and floor mechanics format, to all youth and adults ages 14 and up. The classes are slated to be held between the last week of October to the first week of December. Pre-registration by calling the Recreation Office at 870-3118.

### Travel Basketball Information

To be eligible for selection a player **MUST** attend a minimum of **2** tryouts.

**Travel Team Tryout Policy:** The Travel Teams will be registered for boys and girls in grades: 5th, 6th, 7th and 8th, provided enough players are registered to provide recreation division teams. A player selected to a travel team may choose to play on a recreation team as well, but is NOT required to play both.

(Parents: If a decision is made to have your child compete on both a recreation and travel team, please keep in mind that the participating player **MUST** complete his/her commitment to the recreation team. Failure to do so may result in removal from the travel team. Consider the weekly practice schedule along with the game schedule before making a final decision, which has a deadline of December 1, 2010

Travel Team TRYOUTS will be held between October 22nd to November 13th, 2010. An updated schedule will be distributed through the public schools, media outlets, and our website [www.ellington-ct.gov](http://www.ellington-ct.gov).

#### Boys Travel ID Code

5-6th Grade 1114.101

7th Grade 1115.101

8th Grade 1116.101

#### Girls Travel ID Code

5-6th Grade 1117.101

7-8th Grade 1118.101

#### Travel Team Fee:

**\$145 includes Board Officials, Timers, Scorers and Custodial Fees. Plus each player must submit a separate check to the Coach in the amount of \$25 for the uniform. The Coach will return the check once the complete uniform is returned at the end of season. Travel Additional Fee due at time of selection for Team is \$85**

### **FALL SOCCER 2010**

The Recreation Department's FALL 2010 Soccer Program encompasses children ages 3 through grade 8. **Fees: \$22.00 Instructional / \$24.00 Recreational Division.**

The Instructional Program is held on Saturday mornings only.

The Recreation Division Program includes grades 3-8. All Travel Team selections have been completed and teams in the U-10, U-12 and U-14 age groups will compete versus surrounding towns.

**Registration closed August 23, 2010; Late Registrations will be accepted "ONLY" if openings exist.**

#### **Dear Soccer participant, enthusiast, spectator!!!**

Each year brings larger program enrollments and the need to ensure that staffing, equipment and maintenance are appropriate. In order to maintain existing services and to continue fostering successful youth programs we are asking for active volunteer participation from parents, teenagers and the community.

**Coaches' Needed!** Coaches are needed at all levels, and a coaches clinic will be provided along with CPR/FIRSTAID/AED training, which can be registered for by e-mailing [Ellington.safety@yahoo.com](mailto:Ellington.safety@yahoo.com).

**USSF Certified Officials are needed. Contact Recreation Department 860-870-3118.**

**Fundraising:** The Recreation Department welcomes community support. The ability to keep the entire soccer program cost effective and at the same time provide appropriate equipment, uniforms and field equipment, is based on receiving support from members of the community. The Recreation Department has an updated inventory of soccer items that are available for sale: coffee/tea mugs, water bottles, fleece blankets, wrist bands, umbrellas, fleece hat, fleece ear bands, and soccer magnets.

**CLEAT Board:** The Recreation Dept has received, due to the generosity of two long-time soccer coaches and supporters, TWO Large containers that hold an abundance of "used" soccer cleats. If you know of someone in need (especially the smaller age groups) please contact the Recreation Office @ 860-870-3118, plus we will have a SOCCER cleat board on site during soccer on Saturdays where parents may review and take cleats if needed.

### **Vacation Week Camp Programs**

**December 27, 28, 29, 30, 31, 2010**

CODE:DEC.CAMP

**April 18, 19, 20, 21, 2011**

CODE:APR.CAMP

8:30am- 3:00pm\* Grades K-7 Ellington Middle School Vacation Week

**\*Before Care: 7:30—8:30am; After Care: 3-5pm will be offered**

An updated schedule and fee structure will be made available on the town website, [www.ellington-ct.gov](http://www.ellington-ct.gov), starting in early October.

## Ellington Family Fall Festival

Hosted by the Ellington Recreation Department

Saturday, October 30th

Brookside Park Pavilion

10am -12noon

Promises to be a great time for all!

Fee: \$3.00 per person

Pre-registration required on line or at the Ellington Recreation Office.

Come celebrate Autumn and get into the Halloween "spirit" with this line up of exciting events:

- Decorate a pumpkin
- Art/Craft Activity
- Face Painting
- Tractor-Drawn Hay Rides
- Sack Races
- HUGE Tug of War Contest



**Please join us on October 30th at 11am for the GRAND OPENING of Phase 2 of the newly refurbished Brookside Park Playground!**

For more information please call the Recreation Department 860-870-3118

**Donations of a non-perishable food item for the Ellington Food Bank will be accepted.**

Mad Science After School Programs	Center School Mondays, October 18-December 6	Crystal Lake School Tuesdays, October 19-December 14	Windermere School Thursdays, October 13-December 22
<b>8 Week Programs ~ 3:30-4:30 pm ~ Cost: \$114 per person per program ~ Min: 12; Max : 21</b>			
<p><b><u>Program # 1 Rocket Science</u></b> This is your chance to be a rocket scientist! Investigate the four force flight with the help of a Unique Flying Object! Explore the science in- volved in rocket construction as you build your own "Skyblazer II Rocket that you take home.</p>	<p><b><u>Program #2 Space Technology</u></b> Discover technology designed for outer space! Steer a laser beam through a laser maze, find hidden mountains using the principles of radar technology &amp; discover everyday objects originally designed for use in space! Take home a Lightning Launcher.</p>	<p><b><u>Program # 3 Living In Space</u></b> Live the life of an astronaut as you suit up for space flight! Find out how much you would weigh if you lived on Pluto and how old you would be if you lived on Saturn. Participate in a space mission and make your very own Cosmic Chronometer.</p>	<p><b><u>Program #4 Sun &amp; Stars</u></b> This stellar program is your ticket to the stars! Watch star dust burn, and journey through a soapy galaxy as you investigate the life cycle of stars! Use your Bead Dipper to create a 3-dimensional glow-in – the-dark constellation!</p>
<p><b><u>Program #5 Planets and Moons</u></b> Explore the farthest reaches of our solar system and create a lunar eclipse in this "mad" planetary tour! Build and take home Kepler's Cube, a fun and educational 3-D solar system puzzle!</p>	<p><b><u>Program # 6 Atmosphere and Beyond</u></b> We're on a mission to explore the atmosphere on Earth and beyond ! Travel to the end of the rainbow and make a sunset! Mix up various planetary atmospheres, one molecule at a time! Discover how stars would look in space and see what makes stars twinkle using your Shimmering Stars.</p>	<p><b><u>Program # 7 Space Phenomena</u></b> Probe the mysteries of meteors and launch a satellite in this phenomenal program on space events! See comets up close as one is formed before your eyes, and take home your very own Catch-a-Comet.</p>	<p><b><u>Program # 8 Space Travel</u></b> Learn what it takes to be a true globetrotter! Race a Balloon rocket and design your own car engine. Learn about trust. See the principles of propulsion at work in a real rocket launch. Build your very own Shuttle Copter.</p>

### Tri-Town Tag Sale (Vernon-Ellington-Tolland)

Saturday, September 25, 2010  
8AM-4PM—Rain or Shine

The Tolland County Chamber of Commerce (TCCC) will be holding a Tri-Town Tag Sale this year. To register, submit your name and address plus \$10 check made payable to TCCC and mail to TCCC, 30 Lafayette Square, Vernon, CT 06066 by September 10. The fee includes an ad in the Journal Inquirer, Tag Sale signs and yellow balloons. Any questions, contact Maureen at 860-872-0587.

**Note:** After the Tag Sale, items should not be placed at curb side until you have scheduled a bulky waste pickup with All American Waste—860-289-7850. Please call four days prior to your normal collection day.

### Winterfest 2010

**Winterfest 2010** Tree-Lighting Ceremony & Torchlight Parade will be held **Saturday, December 4, 2010** between 4-7PM at the Church Street gazebo and green bordering Main Street and RT 140. The schedule of events will be posted on the Town's website at

[www.ellington-ct.gov](http://www.ellington-ct.gov); select 'Our Town'; select 'Winterfest'

Also, the Ellington Congregational Church invites you to participate in a Gingerbread House Baking contest. Entries will be available for viewing at the church on Saturday, December 4. The contest is open to everyone and there will be prizes. The official rules, entry form and contact information are available on the website.

If you would like to contribute or participate in Winterfest 2010, please contact Ellen Karadimas, Chairman, 860-875-3885 or write to P O Box 282, Ellington, CT 06029. Thank you.

### Board/Commission Vacancies

Vacancies exist on the following Boards/Commission:

- ⇒ Board of Assessment Appeals Alternate
- ⇒ Conservation Commission Alternate
- ⇒ Economic Development Commission Alternate
- ⇒ Housing Authority
- ⇒ Shared Services Commission

Please call the First Selectman's office (860-870-3100) for a Statement of Interest Form or download one from our website. The meetings are held monthly in the evening.

A copy of this newsletter is available online ~

[www.ellington-ct.gov](http://www.ellington-ct.gov)

You can also sign up for Auto-mail on our Home Page to get the latest Town info via e-mail.

### Farmers' Market

Arbor Park (Main Street)  
Every Saturday through October 30  
9AM-12:30PM  
Rain or Shine

[www.ellingtonfarmersmarket.com](http://www.ellingtonfarmersmarket.com)  
Ron Bahler—860-871-6266

### HOLIDAY SCHEDULE

The Town Offices and the Library will be closed on the following dates:

**September 6** Labor Day\*  
**October 11** Columbus Day  
**November 11** Veterans' Day  
**November 25** Thanksgiving Day\*  
**November 26** Thanksgiving Holiday  
**December 24** Christmas Holiday

\*Trash collection will be delayed one day for the Labor Day and Thanksgiving Day holidays.

When a holiday falls on a Saturday or Sunday there will be **no** delay in the collection schedule.

### Town Hall Hours

#### Monday

8:30 am—6:00 pm

#### Tuesday, Wednesday, Thursday

8:30 am—4:00 pm

#### Friday

8:30 am—1:30 pm

Town Hall  
55 Main Street  
P O Box 187  
Ellington, CT 06029

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