

# THE ELLINGTON CONNECTION



FROM THE  
FIRST  
SELECTMAN  
870-3100



## Happy New Year Ellington!

Since January is the traditional time for reflection and projection, I hope you don't mind a little of both. 2004 was such a wonderful year that I can't wait to start 2005. This past year we have added over 65 acres of open space adjacent to the Shenipsit State Forest on Porter Road. Our out of pocket costs for the land is less than \$1,100 per acre. We started our new web site. For those of you who use it, you found this newsletter posted three weeks before it arrived in your mailbox; at virtually no cost. We've expanded the Senior Center. We renovated the Nellie McKnight Museum and Snipsic Village with State grant funds. We resurfaced 21 miles of roads with chipseal (not my first choice but it did help). Our population swelled by over three hundred but the building permits were down by 25%. Land Use Commissions approved major commercial developments. We published a build-out analysis. The Inland Wetlands Agency is revising their regulations while the Planning & Zoning Commission crafted regulations for age-restricted (55+) housing. There could be three new complexes proposed before the daffodils bloom. Many of our local businesses are thriving and expanding and we are reaching out to help if we can. We have made farming and agriculture a high priority with the Economic Development Commission as well as with the Legislature. The Connecticut Conference of Municipalities (CCM) formed a Working Farms Subcommittee to draft a legislative agenda in support of farming. I am honored to represent you as the Chairman. We bonded a sewer extension project to reach into the airport industrial park to help us expand the industrial tax base. We have opened a dialogue with the State DOT about the future of the five corners and Routes 83 and 286. If that wasn't enough, we finished the year with the success of the Winterfest.

What is on the horizon? **The Budget.** It looms over Town Hall like an eight hundred pound gorilla. Some departments are stretched to the breaking point. Capital improvement requests will be larger than last year and will continue to be as long as we reject more things than we approve. Despite funding, the basketball courts wear out. Crystal Lake School continues to age and the well needs to be replaced this year. My biggest concern is the competition for limited funding between agencies and departments will splinter us beyond recognition. Last year we cut back on the number of practice rounds we give our constables. This year fire trucks will be pitted against firehouses while athletes compete with music and art for survival. These are the kinds of choices we face this year. Come to the hearings. Support the things that are important to you. Help us make good choices ... together we can do anything.

*Dennis Milanovich*

First Selectman



## LIBRARY NEWS

After many months of preparation and training, the Hall Memorial Library and its sister libraries in the Bibliomation consortium migrated to a new integrated library system over the Labor Day weekend. The new system, called Horizon, allows you to do many things independently, either at the library or from home, including place or cancel holds and interlibrary loan requests, check your record, renew items, and create lists of titles for research or just your favorite books. In the next few months, a notification system will be activated that will automatically notify you via email when the library receives new materials that you are interested in. To check out these new features, go to the library website at

[www.biblio.org/ellington/hall.htm](http://www.biblio.org/ellington/hall.htm)

You will need your library card barcode number to login to your specific account information. There is a help button for assistance, or call (870-3160) or stop by (93 Main St.) the library for a quick introduction.

## BOOK CELLAR

The Friends of the Library Book Cellar has recently been restocked with many great new titles for all ages. This bright and cheery used-book store is located in the library basement, and is open Mondays 6:30-8 pm, Thursdays 2:30-4:30 pm and Saturdays 10 am-12 pm. Donations are always accepted and volunteers are too!



**Winter Weather Cancellations:** Town Office closings and meetings/program cancellations will be posted on the Town's Website: [www.ellington-ct.gov](http://www.ellington-ct.gov) under **Our Town News**. You can also check Channels 3 & 30 for cancellations. The Senior Center follows the same procedures as Ellington Schools: if the schools are closed due to hazardous weather conditions, the Senior Center is closed; no van transportation service. To find out if the Library is open, call 870-3160 or check their website [www.biblio.org/ellington/hall.htm](http://www.biblio.org/ellington/hall.htm) and click **Storm Closing Info**.

Yale Cantor  
Chairman  
Human Services Commission

Rhonda McCarty  
Assessor  
870-3109

## ATTENTION ELLINGTON RESIDENTS!



**BE LISTENING FOR YOUR PHONE TO RING OR A SURVEY TO BE DELIVERED TO YOUR MAILBOX VERY SOON REQUESTING INFORMATION REGARDING ELLINGTON'S ELDERLY HOUSING AND SOCIAL SERVICES NEEDS.**

The Human Services Commission is now in the process of assessing the needs for elderly housing and social services in our community.

We know that the elderly population is projected to be the fastest growing segment of Ellington's population growth in the next several years. We also know that different housing environments offer different services, varying in cost and may have different health, age and residency requirements.

In order to determine the type of elderly housing and social services that would be best suited for Ellington, the Human Services Commission has requested proposals from interested consultants to create a needs assessment.

As a result, the University of Connecticut has been engaged to work with the Town of Ellington toward creating that needs assessment.

The process will include focus group interviews, telephone and mail surveys. We urge you to respond to any requests for information.

It is your responses that will give us an accurate assessment. **Of course your responses will be kept in strict confidence.** The survey analysis will be used to secure grants for appropriate future housing construction.

Thank you very much for your assistance.

## HOMEOWNERS' TAX RELIEF PROGRAM

The homeowners' program allows a tax credit for qualifying individuals. To qualify, the homeowner (or spouse, if domiciled together) must have been 65 years of age by the end of 2004, reside at the property and meet the income requirements\*. Income is defined as adjusted gross income and tax exempt interest, plus any other income not included in the adjusted gross income. Totally disabled persons, regardless of age, are initially eligible for the program provided they have a Social Security Award letter specifying a date of entitlement during the current benefit year or a SSA-1099 with Medicare premiums.

Applications must be filed every two years. If you are currently on the program you will receive an application if it is your year to file. Anna Tuner, NSW/Elderly Outreach Social Worker is available to assist seniors in completing the application. Call her at 870-3131 before May 10, 2005.

The filing period for the homeowners' program is February 1<sup>st</sup> through May 16<sup>th</sup>. Applications are available at the Assessors Office.

## ADDITIONAL VETERANS EXEMPTIONS

Any person entitled to a veteran's exemption may also be entitled to additional exemptions if they meet the income requirements\*. Applications must be filed every two years. If you are currently on this program you will receive an application if it is your year to file. The filing period for this program is between February 1<sup>st</sup> and October 1<sup>st</sup>. Applications are available at the Assessors Office.

### *\*Income requirements*

To qualify for the 2004 benefit year the maximum income is \$33,000 for a married couple and \$27,100 for a single person.

## ELDERLY OUTREACH NEWS

### “It's More Than the Blues: Older Adults & Depression”

**April 6, 2005 7:00 PM—8:00 PM  
at the Senior Center**

**RSVP your attendance by April 4.  
Please call Anna L. Turner at 870-3131**

Speaker is Ms. Vicki Spiro Smith from the Mental Health Association of Connecticut. This **free** program is open to all Ellington residents and can offer insights and helpful information to seniors, their spouses and adult children or anyone concerned with an aging loved one.

# Revaluation 2005

Peter Michaud  
Public Works Director  
870-3140

The Town has contracted Vision Appraisal Technology, a Connecticut certified Revaluation Company, to assist our office in the performance of the revaluation for the 2005 Grand List.

A revaluation is the process of estimating new “fair market values” for each parcel of real estate based on current market data. A careful analysis of recent selling prices will be conducted to identify and quantify the features that have motivated buyers and sellers in the Ellington real estate market. This analysis results in the creation of schedules, which will then be used to value all of the property in the Town of Ellington. These schedules are statistically tested to verify their ability to accurately and equitably predict estimates of current fair market value.

We are not required to physically inspect each property in Town as was done for the 2000 Revaluation. We will be inspecting every property for which a building permit has been issued, as we normally do. In addition, we will be inspecting all properties that have recently sold. Questionnaires will be sent to the new homeowners and we will ask that they schedule an appointment for the inspection. The inspection will take approximately ten minutes; the inspectors will have photo identification badges and be registered with our Resident State Troopers Office.

In the Spring of 2005 all property owners will receive a data sheet, which will list the information that we have on record for the property. We will request that the information be verified and the data sheet be returned to us.

You will be notified of your new assessed value in the late fall of 2005 and have the opportunity to discuss your new assessment with a member of the revaluation staff. The tax bill that you receive in July of 2006 will reflect your new assessment.

We will keep you informed on the progress of the revaluation in this newsletter and on our website @ [www.ellington-ct.gov](http://www.ellington-ct.gov)  
(click “Town Services”, select “Assessor”, select “Revaluation 2005”)

## Christmas Trees



will be picked up during the first two weeks of January, 2005. Please leave them at the curb, butt end out and free of ornamentation and tree stands. If the trees are not cleaned, they will not be picked up. If residents prefer, they may bring them to the Town Garage any time and leave them by the red shed.

**Sand** is available to residents. The pile is located at the town garage at 21 Main Street on the Firehouse side of the yard.



**Hoffman Road Brush Dump** is closed for the winter months. It will open up again the first Saturday in April, 2005.

## 2005 Leaf Collection Notice:

Beginning in the fall of 2005, only **paper** bags may be used for curb side pickup of leaves.

## Bulky Waste Reminder:

To schedule a bulky waste pick up, please call

**WASTE MANAGEMENT  
528-7000**

Bulky waste includes scrap metal, white goods, appliances, aluminum, copper, brass, tools, water tanks, pipes, faucets, fire, rims, furniture, carpet, toys, toilets, sinks, tubs, mattresses, box springs, etc. Wood and carpet cannot exceed 4 feet in length. Carpet must be rolled and tied. No more than 2 cubic yards of bulky waste allowed per week. No demolition materials allowed.

## Senior Center Expansion:

The Senior Center has expanded! Stop by and visit us.

The Senior Center is located at 16 Church Street.

Hours: **Monday, 8:30am-6:00pm**  
**Tuesday-Thursday, 8:30am-4:00pm**  
**Friday, 8:30am-1:30pm.**

**SAVE  
THE  
DATES**

Budget Public Hearing: **April 12**—8:00 p.m.—Ellington High School

Annual Town Budget Meeting: **May 10**—8:00 p.m.—Ellington High School

**Ellington Parks and Recreation**  
**31 Arbor Way P.O. Box 187**  
**870-3118(phone) 870-3198(fax)**  
**(email) recreation@ellington-ct.gov**

**Pre-Registration is required for ALL Programs**

**Office Hours:**  
**Monday: 8:30 am—6pm**  
**Tuesday—Thursday: 8:30am—4:00pm**  
**Friday 8:30 am—1:30 pm**

**General Information:** In the event of snow or bad weather, the Recreation Department will put all program cancellations on our website [www.ellington-ct.gov](http://www.ellington-ct.gov) and on television. Tune into Channels 3 and 30 to check if there is a cancellation which will be listed under “Ellington Recreation Department”. We reserve the right to limit class size and to cancel classes failing to meet minimum requirements. Ellington residents are given preference for all programs during the 1st week of registration.

**Registration Information:** All registrations are currently being accepted in the Recreation Office by computer entry. Please register in the office during regular office hours: Mondays 8:30am-6pm, Tuesday-Thursday 8:30am-4pm, Fridays 8:30am-1:30pm

- **PAYMENT:** Registration is not considered valid until the program fee is paid in FULL. We accept checks/cash ONLY.
- **NON-RESIDENTS:** add \$5 per program, per participant.
- **REFUNDS:** Refunds are given only prior to the start of classes or if we cancel the program. Requests for refunds must be in writing and are subject to a \$3.00 processing fee.

**Sponsorship Opportunities:** Ellington businesses continue to support the Town of Ellington Recreation programs as well as promote their respective businesses. Opportunities for sponsorship include sponsoring athletic teams, taking out an advertisement on the outfield fence on the Lisa M. Monti girl’s softball field, sponsoring an event or program, sponsoring the “Summer Concert Series” and /or making a donation. Contact Bob Tedford at the Recreation Office if you would like to discuss the possibilities of becoming a sponsor.

**ADA Statement:** The Recreation Department complies with the Americans with Disabilities Act (ADA) prohibiting discrimination on the basis of disability. ADA requires that recreation programs be implemented in the most integrated setting possible, appropriate for each individual. Persons with disabilities are encouraged to contact the Recreation Department regarding any accommodation needed to assist with participating in and the enjoyment of any program or event.

**Employment Opportunities:** The Recreation Department employ part-time personnel for various seasonal positions including Waterfront Staff, Day Camp Staff, Referees, Umpires and Instructors who can share their special skills with the community. Applications are available at the Recreation Office.

**INSURANCE:** All persons participating in Ellington Parks and Recreation Programs should carry their own personal health insurance. The Town of Ellington is not responsible for personal injuries. Participants in all Recreation Department sponsored programs do so at their own risk. Only those enrolled in the program may attend. Sorry, children will not be allowed in the class room or gymnasium during adult programs and siblings must remain seated and not disturb youth classes.

**Special Recreation Department Ski Trips!**

**Pre-registration required for all trips.**

Tickets are available at the Recreation Office for the following : **Winter 2005 Day and Evening Ski Trips**

**Destination: Mt. Southington Ski Area**

- **Friday Nights: Jan. 21, Feb. 4 and Feb. 18, 2005**  
Bus leaves Arbor Park at 4:30pm; returns by 11:00pm
- **Saturday: January 29, 2005**  
Bus leaves Arbor Park at 9:30am; returns by 6:00pm.
- **School Vacation Week: February 23, 2005**  
Bus leaves Arbor Park at 9:30am; returns by 6:00pm.

**Registration Information:**

Registrations begins immediately. In order for the program to be held a minimum of 35 skiers will be required to cover the expenses of the lift ticket and transportation. A final determination will be made 3 days prior to each printed date in regard to weather conditions and actual enrollment/paid registrants. **NO REFUNDS** (unless mitigating circumstances prevail). Fee cannot be prorated. Passes cannot be transferred to another skier or snowboarder. Pre-Registration is required at the recreation office (31 Arbor Way) and **FULL** payment is required at time of registration. Ages 7 to 11 require adult supervision. Minimum age for ski lessons: 7; minimum age for snowboard lessons: 9.

**FREE SKIING FOR CHAPERONES**



**Mt. Southington Ski Area Group Rates:**

**Option A: SATURDAYS & February Vacation Week**

**Time: 9am-5pm**

**Bus Fee: \$13.00 based on minimum of 30 registered**

	Adults (AGES 13 & UP)	Youth (AGES 6-12)
Lift only	\$24.00	\$22.00
Ski lift & lesson	\$32.00	\$30.00
Ski lift & Rental	\$40.00	\$37.00
Ski lift/Lesson/Rental	\$45.00	\$43.00
Snowboard Lift & Lesson	\$34.00	\$30.00
Snowboard Lift & Rental	\$43.00	\$39.00
Snowboard Lift/Lesson/Rental	\$53.00	\$45.00

**Option B: FRIDAY NIGHTS**

**Time: 6-10pm**

**Bus Fee: \$9.00 based on minimum of 30 registered**

	Ages 6 & Up
Lift only	\$17.00
Ski Lift & Lesson	\$28.00
Ski Lift & Rental	\$30.00
Ski Lift/Lesson/Rental	\$32.00
Snowboard Lift & Lesson	\$30.00
Snowboard Lift & Rental	\$35.00
Snowboard Lift/Lesson/Rental	\$37.00

Adult Sports

CLASS	DATES	TIME	AGES	FEE	LOCATION
Men's Volleyball	Tuesdays January 11-March 15	7:30-9:30 pm	18 + up	\$9.00	Windermere School
Women's Volleyball	Wednesdays January 5—May 18	7:30-9:30 pm	18+ up	\$9.00	Windermere School
Co-Ed Volleyball	Wednesday January 5—March 30	6:00-7:30 pm or 7:30-9:00 pm TBD	18+ up	\$9.00	EMS/Windermere Schools—TBD
Men's Informal Basketball	Monday Evenings January thru June	5:15-7:15 pm	Under 30	\$9.00	Windermere School
		5:30-9:00 pm	Over 30	\$9.00	Middle School
Tennis Lessons (Indoor Lessons)  (Plus 2 Outdoor Clinics) Instructor: Conrad McIntire	Session 1: Jan. 13,20,27 Feb. 3,10	7:30-8:30pm	Adult	\$60.00	Grande Meadows E. Longmeadow, Mass.
	Session 2: Feb. 17, 24 March 3,10,17	7:30-8:30pm	Beginner	\$60.00	
	Session 3: March 18, April 7, 14,21,28	7:30-8:30pm	Ages 15 & Up	\$25.00	Ellington Middle School
Adult Women's Indoor Soccer (pre-registration and payment required 1 week prior to each session.) Adjustments maybe made regarding actual assigned time frames pending final enrollment.  Instructor: Alex Calpa	Jan. 6,13,20,27	7:30-9:30pm	18 & up	\$20.00	Windermere School Gym
	Feb. 3,10,17	7:30-9:30pm		\$15.00	
	March 3,10,17	7:30-9:30pm		\$15.00	



**CO-ED SOFTBALL (INDOOR and OUTDOOR)** Are you interested in playing WOMENS AND/OR CO-ED SOFTBALL IN TOWN? (18 YEARS OF AGE AND OLDER) skill level or prior experience does NOT matter. The goal is to provide for a recreation opportunity and to have fun together. The possibility exists of providing some pre-season indoor practice times during the month of April. Contact the Recreation Office via e-mail: [recreation@ellington-ct.gov](mailto:recreation@ellington-ct.gov) or by phone: 870-3118.

ACTIVITY	DATES	TIME	AGES	FEE	LOCATION
Women's Self-Defense	March 4 & 11	7:00-8:30pm	12 + up	No Fee	EHS Gym
Jukido	Ongoing- Resuming Jan. 6—June 9, 2005	5:30-6:45 pm	6 + up	\$30 per session	Windermere School Gymnasium
Adult Tap Dance (Min. 8 to run classes)	Session 1: Jan.10,24,31 Feb14,21,28 Session 2: Feb. 14,28, Mar 14,21,28	7:15—8:15 pm	18 & up	\$25.00	Senior Center
Youth INDOOR soccer CO-ED	Session 1: Jan. 4,11,18,25 Feb. 1,8,15, Mar. 1,8	7:30-10pm	Grades 7th—12th	\$5.00	Ellington Middle School
Youth INDOOR Soccer CO-ED	Session 2: March 15,22,29 April 5, 12	5:45-6:45pm 6:45-8:00pm 8:00-9:15pm	3rd&4th 5th&6th 7th&8th	\$10.00	Ellington Middle School
CPR/First Aid (Min. 6 to run class)	Session 1: Jan. 11 & 13 Session 2: Jan. 25 & 27	6:30—9:30 pm	All Coaches	N/A	Arbor Commons 2
Pathways To Health	Ongoing Wednesdays, Sept. 8	9-10am	18 & up	\$2.00 /class	Senior Center
CPOHEART Child and Babysitting Safety Course	Session 1: January 24 & 26 SESSIONS Session 2: February 7 & 9 Session 3: March 14 & 16 Session 4: April 11 & 13	ALL  3-6PM MIN. 6 MAX. 12	11—15 years Boys & Girls	\$40 Per Session	Arbor Commons 2 For all sessions
NYSCA Coaches Clinic	Session 1: Jan. 18 Session 2: Feb. 1	7:15-9:30pm	All Rec. Coaches	n/a	Arbor Commons <b>Min. 6</b>



### Lacrosse Informational Clinics

will be offered by the Recreation Department in conjunction with the Varsity girls and boys coaching staff from Ellington High School. Boys and Girls in grades 5th,6th,7th and 8th are invited to participate in (2) pre-season clinics: **MARCH 3 & 17 - 6-7:30 PM** at either the Ellington Middle School or Ellington High Schools, pending final availability. The basic components of lacrosse will be covered: stick-handling, catching, cradling, passing, wall-work and ground balls. In addition, Coaches Jeri St. John (Girls) and David Giordano (Boys) will provide the players and parents with a brief overview of the EHS program, and answer all questions related to the possible expansion of the recreation program in the spring. The Recreation Department has offered an instructional program the past 2 spring seasons, and consideration is being given to creating, in addition to the instructional level, formal teams that would compete with surrounding towns. However, a commitment is required well in advance of April 2005. Parents of girls and boys grades 5 through 8 are encouraged to contact the Recreation Department during late January and early February to express interest in enrolling a child or offering some assistance with the organizational aspects of the program.

### BEGINNERS COACHING (SOCCER) CLINIC'S

Individuals seeking to enter the coaching ranks or just wishing to increase their knowledge of the game of soccer will now have that opportunity as the Recreation Department will offer a series of coaching clinics designed to assist the novice or intermediate with improving his/her grasp of the game of soccer. Three (3) clinics will be provided and the following curriculum will be covered.

- *Session 1: Individual ball skills emphasizing ball control, dribbling, juggling and trapping.*
- *Session 2: Advanced skills emphasizing passing, shooting and one on one defending.*
- *Session 3: Practice drills to emphasize individual and team skills, games and drills to develop all aspects of play.*



Coordinating the clinic will be Mike Pantuosco, currently the U-14 boys' travel team coach and the Curriculum Director of the Ellington Recreation Soccer Program. Mr. Pantuosco has been active in the sport of soccer as a participant and coach for over 30 years. As a three-year member and starter on the Babson College squad, Mike had the good fortune of being on an NCAA Championship Team. Coach Pantuosco has a knack for teaching the finer points of the game, and encourages all novice and interested youth and adults to register as soon as possible. The clinics will be designed so coaches can adapt their practices to the age or grade level being taught at the time. Dates for the clinics are not finalized, pending final registration, however, mid-March is the target date. Contact the Recreation Office immediately to register. **There is No Fee for the clinics.**

**‘Bellyrhythms’:** A fun new way to exercise! Created and implemented by Instructor Rima Riedel for a once a week workout. Bellyrhythms is the ultimate aerobic exercise for women of all ages, sizes, and abilities—and the most fun too! Using actual belly dance movements, as well as Salsa, Rumba and Folk dance steps. It works on those areas of major concern, such as waist, tummy, hips, thighs and arms. See Page 8 for registration information.

**Women’s Self-Defense:** Two classes with Instructor Todd Sise who will teach and demonstrate self-defense techniques. Good program for mother/daughter! Designed to provide for instruction in the basic self-defense format that may help in day-to-day life. The program will cover many items that are acceptable and non-acceptable to being prepared for one’s self-preservation!! Highlighting tips on things to avoid, misnomers on self-defense and what women can and “cannot” do!! See Page 6 for registration information.

**Jukido Jujitsu:** is a realistic approach to self-defense. Instructor Todd Sise is a 2<sup>nd</sup> degree black belt in Jukido Jujitsu and certified instructor of self-defense. Learn self-defense and self esteem in a fun and relaxed environment from a well-established martial arts system!! No contracts, no hidden fees, no uniform requirements, join class at anytime during a session. Classes will accommodate all skill levels. See Page 6 for registration information.

**CPR/First Aid:** This clinic is recommended for parent volunteer coaches that are providing assistance for their children. Mary Bartley, Program Instructor, is American Red Cross certified. Attendance is required for both sessions. Contact Mary at the Recreation Department for more information. See Page 6 for registration information.

**Adult Tap Dance:** Instructor Tressa Giordano will demonstrate why TAP is a great way to improve coordination and balance while working out your heart and muscles. Learn the basics and put it all together via fun and exciting dance combinations. Listen to music from the 50’s, Big Band, Broadway and much more!! See Page 6 for registration information.

**Creative Movement:** Tots from 3-5. “The Jolly Froggers - Ahoy me hardys!” Come join the crew of the Jolly Froggers and discover a treasure chest full of fun and frolic. We’ll sail the “high C’s” in song & dance. We’ll met all sorts of critters and characters during art and creative story time. So come on down and set sail on a journey of discovery through arts and crafts, movement and music. Page 8

**Actor’s Workshop:** Calling all aspiring Actors, Directors, Writers and general Theater Lovers. The Recreation Department is now offering a one day workshop in youth theater. If you are interested in getting involved in theater production or just getting a personal introduction, join us for some fun and games (theater style). No experience necessary just bring along your imagination. Page 8

## HOT SHOT BASKETBALL SHOOTING CONTEST

**Sunday , January 9 @ EHS 1-4pm**

**Fee: \$3/player**

**ELLINGTON MIDDLE SCHOOL.**

<b>Age groups:</b>	<b>9-10</b>	<b>11-12</b>	<b>13-15</b>
<b>Time Frame:</b>	<b>1-2pm</b>	<b>2-3pm</b>	<b>3-4pm</b>



Each player will have one minute to shoot from designated “hotspots” placed on one-half of the court. The contest challenges a player’s speed, shooting, dribbling and rebounding ability. The top scorer moves on to the next level of the contest within Tolland County, and ultimately qualifies for State level qualification. Age corresponds to the age of the child on or before Dec. 31, 2004.

***Pre-Registration required no later than January 6***

**A Parent/Child portion will also be scheduled.**



## ANNUAL DICK GUNN AND CLARE LANDMANN BASKETBALL TOURNAMENTS

THE RECREATION DEPARTMENT IS PROUD TO ANNOUNCE that the 2005 Dick Gunn (boys) and Clare Landmann (girls) Recreational Division Basketball Tournaments will be held in late February to mid-March. Named after 2 long-time volunteers, who helped shape the recreational opportunities in the Town of Ellington today, the 2005 Recreation Division Tournaments will have to go a long way to match the excitement and outstanding competition that evolved during the 2004 Tournaments, involving boys and girls’ teams in grades 3-4, 5-6 and 7-8.

**Volunteers** are being sought to help assist the Recreation Department with the 2005 Tournaments. Please call the Recreation Office @ 870-3118 or e-mail [recreation@ellington-ct.gov](mailto:recreation@ellington-ct.gov) if you can help.



**BASKETBALL OFFICIALS:** Find yourself a spot in the rotation, become one of many quality basketball officials that receive assignments within the Recreation Department’s TRAVEL AND RECREATION DIVISION BASKETBALL LEAGUES. The Recreation Department is providing a mandatory pre-season basketball official’s clinic, a combined classroom and floor mechanics format, to all youth and adults ages 14 and up. The Central Connecticut Board (#6) of approved (IAABO) basketball officials organization will be providing clinicians/rule interpreters for the classes. Pre-register by calling the Recreation Office at 870-3118.

**Ellington Recreation Department & Vernon Lanes present...**

### **Special After School Mini 6-Week Bowling Program Starting week of January 24, 2005 for Grades 1-8**

Bus transportation provided to Vernon Lanes from the following schools: Center, Windermere and Ellington Middle Schools. Parents will be responsible for picking up their children at the Vernon Lanes.

**Cost: \$60** includes 1-1/2 hours of bowling, shoe rental, transportation to Vernon Lanes and free pizza party at end of program.

A flyer will be sent out the 2nd week of January with further information. Call Mary at the Recreation Department—870-3118.



## Pre-School/Youth Programs

ACTIVITY	DATES	TIME	AGES	FEE	LOCATION
Tiny Tot Indoor Tennis Lessons	Jan. 13,20,27 Feb. 3, 10	10am-10:45am & 5:45-6:30pm	3-5	\$50.00	Grande Meadows  East Longmeadow Mass
Pee Wee Indoor Tennis Lessons	Session 1: Jan. 13,20,27 Feb. 3, 10	6:30-7:30pm	Grades 1-3	\$60.00	
	Session 2: Feb. 17,24, March 3,10,17			\$60.00	
	Session 3: March 18, April 7,14,21,28			\$25.00	
	<b>Saturday Lessons:</b> Grades 4-8 Feb. 26, March 5,12,19,26	11-12 Noon		\$60.00	
Munchkins Pre-school Program (potty trained)  Instructors: Mary Bartley Diane Lasher-Penti	5/3,5,10,12,17,19,24,26,31 (Tuesday & Thursday)  10 maximum per session Space is Limited	9:30-11:00 am	3 to 4 years	\$45	Arbor Commons I
Intro to Art	Session 1: Jan. 24,31, Feb. 7,14 Session 2: Feb. 28, Mar. 7,14,21	12-1:00pm	Adults	\$20	Arbor Commons I
Crafts Class	Thursdays ( <i>twice monthly</i> )	9:00-11:30 am	Seniors	N/A	Senior Center
Chorale	Wednesdays	10:30—11:45 am	Seniors	N/A	Senior Center
Actor's Workshop	Session 1: Feb. 22 Session 2: Feb. 24	1:00-4:00pm 1:00-4:00pm	Grades 1-4 Grades 5-8	\$15.00	TBA
Teen Dancercise	Session 1: Jan. 24,31, Feb. 7,14 Session 2: Feb 28, Mar. 7,14,21	4:00-5:00pm	Teen	\$20.00	Senior Center
Rock in Rhythmic's	Session 1: Jan. 24,31, Feb. 7,14 Session 2: Feb 28, Mar. 7,14,21	5:00-6:00pm	Youth & Adult	\$40.00	Senior Center
Belly Rhythmic's	Session 1: Jan. 24,31, Feb. 7,14 Session 2: Feb 28, Mar. 7,14,21	6:00-7:00pm	Youth & Adult	\$50.00	Senior Center
Creative Movement/Pre-school Crafts	Session 1: Jan. 24,31, Feb. 7,14 Session 2: Feb. 28, Mar. 7,14,21 ( <i>minimum class size is 8</i> )	10-11am 11-12noon	3-5	\$30.00	Arbor Commons I
After School Program	March-April 10 sessions	3pm-5pm	5th & 6th Graders	Approx. \$40.00	Ellington Middle School

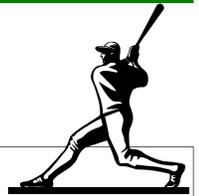


**Summer Day Camp:** The full day and half day SUMMER CAMP programs offered in 2004 proved to be extremely popular and enjoyable for the children that had the opportunity to make new friends, renew existing friendships and enjoy the company of an energetic Camp Staff!! In order to expand the type of offerings (day trips, special events) the Recreation Department NEEDS to receive feedback from the residents as soon as possible. The daily and/or weekly fee will remain the same for 2005. Day trips would require a slight fee increase to accommodate any transportation. Please take time to respond as soon as possible—[recreation@ellington-ct.gov](mailto:recreation@ellington-ct.gov) or 870-3118. A master e-mail list will be compiled from those responding which will allow for an all-points mailing with updated information.



# Ellington Little League

## 2005 Registration Information



### Baseball Bash for players 7—10 years old

**Date:** March 19    **Time:** 9:30am—noon    **Place:** Ellington Middle School

**Free Skills Clinic**       **Games**       **Prizes**

#### Hitting Clinic

For Players 10-14 yrs old

**March 9, 2005**

6:00-8:30pm

Ellington High School

*Space is limited*

*Must pre-register at least one week prior*

To register for clinics call  
875-6690 or send an Email to:  
[ellingtonLL@sbcglobal.net](mailto:ellingtonLL@sbcglobal.net)

Visit our web site  
[eteamz.com/ELL](http://eteamz.com/ELL)

#### Pitching Clinic

For players 10-14 yrs old

**March 10, 2005**

6:00-8:30pm

Ellington High School

*Space is limited*

*Must pre-register at least one week prior*

### Little League Baseball Registration

**Sign Up Dates:**

Feb. 28	Monday
March 2	Wednesday
March 5	Saturday
March 19	Saturday

**Time**

6:00 pm-8:00pm
6:00 pm 8:00pm
8:30 am-12noon
8:30 am-12noon

**Location**

Rec Dept—Arbor Commons
Rec Dept—Arbor commons
Ellington Middle School
Ellington Middle School

Note: **FIRST TIME PLAYERS** must bring a **BIRTH CERTIFICATE** to registration!! Returning players do not need their BC.

### Major League Tryout Dates



	1st Tryouts-Indoors	2nd Tryout-Outdoors	Rain Date
	Middle School	Brookside Park	Brookside Park
<b>Age Group</b>	<b>March 30—Wednesday</b>	<b>April 2—Saturday</b>	<b>April 3— Sunday</b>
12 yr olds	7:00-8:30pm	10:00-11:00am	1:00pm
11 yr olds	7:00-8:30pm	11:00-12:30pm	2:00pm
10 yr olds	5:30-7:00pm	2:30-2:15pm	3:15pm
13-14 yr olds		11:00am-1:00pm	1:00pm

**FARM/MINOR LEAGUE-NO TRYOUTS-** League Director & Coaches will place the players on teams.

The Ellington Little League Program is an all-volunteer organization governed by a fifteen-member Board of Directors. The league is affiliated with Little League, Inc. The league follows the rules and guidelines set forth by the National Organization in Williamsport. We are not affiliated with the Ellington Recreation Department.

If you have any questions, Please contact any of the following Directors:

<i>Rich Della Penna</i>	<i>Instructional League Director</i>	871-6392
<i>Alex Kapinos</i>	<i>Junior/Senior League Director</i>	872-6815
<i>Russ Binkowski</i>	<i>Major League Director</i>	872-1189
<i>Paul Stein</i>	<i>Minor League Director</i>	875-1539
<i>Rob Thomas</i>	<i>Farm League Director</i>	875-5127



**WE NEED UMPIRES— if interested, please contact Brian @ 872-9066**

If you are interested in helping with **CONCESSIONS**, please contact Jeff @ 875-6690

## WEIGHT TRAINING FACILITY OPENS ITS DOORS TO THE COMMUNITY

A newly renovated strength and conditioning facility at the Ellington High School is available for use by Ellington residents ages 14 years and up. The facility features a complete line of new equipment including; A Smith machine, Squat and half squat racks, a calf machine, bicep and triceps machines, lat pull down machines, as well as adjustable benches and an array of dumbbells. The facility will be staffed by a Recreation Supervisor who will conduct orientations and facilitate proper care and use of equipment.



Open use at the Fitness Center during the hours and dates posted will be in effect unless the size of the facility does NOT allow for adequate use by the registrants. If that occurs, the Town of Ellington reserves the right to readjust the scheduled use of the facility and may implement a specific time frame/pre-registration format, on a weekly basis. Further, the Town of Ellington reserves the right to reduce or revamp the Fitness Center's operational hours based on the actual number of registrations and payments received. Revenue collected for the operation of the Center will cover the costs of staffing the facility and contributing toward the upkeep of the equipment.

**Weeknights: 6:30 PM—9:30 PM**

Week 1: Jan. 19,20	Week 5: Feb. 14,16,17
Week 2: Jan. 24,26,27	Week 6: Feb. 28, March 1,2
Week 3: Jan. 31, Feb. 2,3	Week 7: March 8,9,10
Week 4: Feb. 7,9,10	Week 8: March 15,16,17

**Saturdays: 9:30 AM—1:30 PM** Jan. 15, 22, 29, Feb. 5, 12, 19, 26

**Fees: Students 14-18 : \$25.00 / Adults: \$40.00**

**Pre-Registration  
is required!**

*Note: A minimum of 40 memberships must be enrolled to implement the anticipated schedule*

## Group Fitness Classes

Pre-registration is required. Full payment is required at time of registration.  
Fees may be pro-rated. No credits unless documented illness or mitigating circumstances.

### Kripalu Yoga

**Thursdays  
6:30-8:00pm**

**Hall Memorial Library**

Instructor: Wayne Morganson  
Session Dates: 12/16-1/27/05  
Fee: \$30.00 per session



### Cardio Combo

**Thursdays, 7:30-8:30pm  
Center School**

A fun and dynamic workout alternating three all time favorites: Hi/Lo Aerobics, Interval Training and Circuit Training. A core strength component is included. All fitness levels welcome. Bring mat, water bottle, stability ball and / or #5 or #8 dumbbells.

Session Dates: Jan. 6—Feb 10,  
Feb. 17-April 7  
(No class Feb. 24 or March 24)

Fee: \$30.00 per session

### Pilates

**Mondays, 7:30-8:30pm  
Crystal Lake School**

With an emphasis on breath, core conditioning and body awareness, Pilates exercise is a safe and effective way to stretch, strengthen and streamline your body. The perfect complement to cardiovascular exercise. Bring a sticky mat, water bottle, and stability ball.

Session Dates:  
Jan. 10—March 8  
(No classes Jan. 17  
or Feb. 22)  
Fee: \$30.00 per session



### Step Training

**Tuesdays, 7:30-8:30pm  
Center School**

Adjustable platform, limitless combinations, rockin' music, you set the intensity. A core strength component to target abs and back is included. All fitness levels welcome. Bring mat, water bottle, stability ball and 5# &/or 8# dumbbells.

Limit: 9 participants.

Session Dates:  
Session 1: Jan. 4—Feb. 8,  
Session 2: Feb. 15—March 8  
(No Classes Feb. 22)

Fee: \$30.00 per session



### Town of Ellington Fitness Policy

- Group Exercise Classes and Weight Training times are subject to cancellation due to Board of Education activities.
- All participants must complete registration forms and A *Physical Activity Readiness Questionnaire*. A physicians referral may be required before participation.
- Children 14 years and older are welcome with a participating adult.



# Little League Girls Softball

## 2005 Registration Information

**Please Register Early!!!**  
**First 50 girls registered will be entered in a drawing for a chance to WIN a \*\*FREE\*\* 2005 Registration.**

**First year players are required to provide an original Birth Certificate at time of registration**

Dates	Times	Place
Saturday Feb. 12	9am-12noon	Center & Middle Schools
Tuesday Feb. 15	6:00-8:00pm	Arbor Commons
Wednesday March 2	4:30-6:30pm	Arbor Commons
Saturday March 5	8:30am—12 noon	Arbor Commons

Note: Girls Softball Registrations will not be taken at the Recreation Department during office hours. Forms will be available to pick up.

**Fee is required at time of registration**  
**Make checks payable to:**  
**ELLINGTON LITTLE LEAGUE GIRLS SOFTBALL**

**ROOKIE: \$40.00 - MINOR/MAJOR \$50.00 - JUNIOR /SENIOR \$50.00**

Families with two or more softball players (on minor league and up) will receive a \$5.00 reduction per child.

## 2005 Evaluation Clinic

**Saturday, March 19**  
**Ellington High School**

**Minors 9-10 yr olds** 9:00 am —10:30 am  
**Majors 11-12 yr olds** 10:45 am—12:30 pm  
**Juniors/Seniors 13-16 yr olds:** Evaluation date will be determined once registration is complete.  
**Rookies 7 & 8 year old: NO EVALUATION;** league coaches will select their teams.

### Important Information:

- A player's placement is based on age, not grade level, as of July 31, 2005.
- A player may play in a higher division but not in a lower. Example: an 8 year old must attend the 7-8 yr old clinic but may also take part in the 9-10 yr old clinic if she has an interest in being selected to the higher division. \*Exception: Major League cannot play up to Junior league. Placement is based on: 1. Safety, 2. Skill Level and 3. Available Roster Space.
- Requests for team placement cannot be guaranteed.
- Practices will begin when weather conditions allow for proper pre-season maintenance of the softball fields.

*Come dressed appropriately with sneakers and your glove.  
 No bats are needed.*

**Attention Parents & Coaches:**

### PRE-SEASON COACHES CLINIC

**Wednesday, January 19th from :  
 7:15-9:00pm @ Center School Gym**



Guest Speaker Andy Walker  
 CEO and Director of Instruction at "America's Game"  
**Parents interested in coaching SOFTBALL in the  
 2005 Season are encouraged to attend.**

To pre-register contact Vinny or Lori Savino @ 871-7703.

For more information on 2005 season,  
 check our website:  
[www.eteamz.com/ellington](http://www.eteamz.com/ellington)

### Volunteer Opportunities

The **Girls Softball Board of Directors** would like to hear from any persons interested in volunteering in the 2005 season. Volunteers are needed for help with coaching, registrations, fundraising, uniforms, equipment, opening day activities or season ending picnic. If you are interested in helping out please contact

- Bob Tedford @ 870-3118
- Vin & Lori Savino @ 871-7703
- Karen Conley @ 871-8549
- Carol Skorulski @ 871-8805

A Board meeting has been scheduled for **March 7, 2005 7:00pm Ellington Middle School** Officer elections will take place. All interested persons are welcome to attend.

Umpires are **NEEDED** please contact Bob Tedford @ 870-3118



### Connecticut BOMBERS Girls Softball Clinics

Two Clinics are being presented by the Connecticut Bombers & Ellington Little League Girls Softball and are open to any child who has Registered for the 2005 season.

- **March 12 @ Windermere School**  
 9am-12noon : 9-10 yr olds  
 1pm-4pm : 11-16 yr olds
- **March 16 @ Location To Be Determined**  
 5:30-7:15pm : 7-8 year olds

**Fee: \$5.00**  
*Space is limited*

## CALENDAR OF EVENTS

## Senior Center Fundraiser 2005



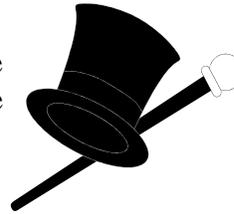
**Harvest Moon Revue  
Intergenerational Variety Show  
October 15, 2005  
Ellington High School  
Auditorium**

The Senior Center is pleased to announce that Bill Prenetta, English and Drama Teacher at EHS will be our Variety Show Director. **We are looking for groups and individuals of all ages who would like to donate their talent.**

Also, if any organization and/or individual would like to sponsor the Harvest Moon Revue fundraiser, please contact:

Erin Graziani

Director of the Ellington Senior Center @ 870-3133  
or by mail: Ellington Senior Center, 16 Church Street, Ellington 06029



**TOWN OF ELLINGTON  
HOLIDAY SCHEDULE**

The Town Hall will be closed on the following dates:

Martin Luther King Holiday  
January 17, 2005

President's Day  
February 21, 2005

Rubbish collection will NOT be delayed.



**January 17**

11:30 AM—4:30 PM  
Willington Name Plate Inc,  
11 Middle River Drive  
Off of RT 190 near Big Y  
Stafford Springs, CT

Call Lynn Dwyer @ 684-4281 x3007  
Sandwiches provided by Subway

**BLOOD DRIVES**

For an appointment, call  
**1-800-GIVE LIFE**  
(1-800-448-3543)



**February 23**

1:00 PM—6:00 PM  
Church of Jesus Christ  
2 Maple Street  
Ellington, CT

Home baked goods will be served!

**DANCE LESSONS**

**OBEREK, POLKA & WALTZ**  
Taught by the "A Team" Ellington residents  
Amelia & Adam Kurpat  
Wednesdays from 3:00—4:30 PM  
@ the Senior Center  
Sign up by calling the Senior Center at 870-3133

If you would like to place an article in the Ellington Connection, contact Marie Sauvé in the First Selectman's Office @ 870-3100 or email msauve@ellington-ct.gov

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