

THE ELLINGTON CONNECTION



FROM THE
FIRST
SELECTMAN
870-3100



Robert Phillips, Town Planner
870-3120

Well, I think I've had enough snow this season, although more is on its way as I write this. On the other hand, spring is now in sight. Along with the flowers, greenery and warmer weather coming toward us are some important items that deserve your attention.

As mentioned in the Town Planner's article, The Town of Ellington has contracted with Planimetrics of Avon to update the Plan of Conservation & Development. A number of public informational and workshop sessions will be held during the process of preparing the Plan. Please check our website for meeting dates or sign up for Auto-mail to receive e-mail notification. Public participation in this very important project is essential to its success. This is the plan for the Town's future, so this is your opportunity to help shape that future.

Please take note that the Budget Hearing will be held on April 11, 2006 and the Annual Town Budget Meeting on May 9, 2006. I encourage all taxpayers to participate in the budget process. The budget, determined by the Board of Finance and presented to the voters, will be available for review at Town Hall and the Hall Memorial Library, and will be posted on the Town website. Please take advantage of these opportunities to review the budget, so you can make an informed vote on it. Then be sure to follow through by casting your vote at the appropriate time. You've heard it often, but it remains true: "Every vote counts."

Michael P. Stupinski
First Selectman

The Ellington Planning and Zoning Commission (PZC) is about to begin a review and update to the *Ellington Plan of Conservation and Development (POCD)* and expects to complete the project in approximately 18 months. Planimetrics, an Avon based consulting firm, has recently been contracted to provide assistance with the POCD update.

The Connecticut General Statutes require that municipalities prepare or amend a POCD at least every 10 years and the Ellington PZC last amended the plan in phases from 1997 through 1999. The POCD is primarily an advisory document and is intended to provide a framework of consistent decision making in conservation and development activities in town over the next ten years. Although the PZC is coordinating this project, public input is necessary to formulate an overall vision for the future of Ellington.

More specifically, the revised POCD will:

- Establish land use policies to guide residential and commercial development in town;
- Encourage economic development and reduce residential development;
- Protect natural, scenic, cultural resources, and promote quality of life for residents;
- Enhance and preserve the rural character and small town aesthetics;
- Establish zoning to promote development towards appropriate areas and away from sensitive areas;
- Create more comprehensive and flexible land use regulations to effectively manage growth in a responsible manner.

Residents can monitor the progress of the update by viewing the text documents prepared as part of the planning process, which will be posted on the website and available in the Planning Office and the Library. Also, check the website for meeting dates!



**BUDGET
PUBLIC
HEARING**

**APRIL 11, 2006
8:00 PM**

**ELLINGTON
HIGH SCHOOL**

**ANNUAL TOWN
BUDGET
MEETING**

**MAY 9, 2006
8:00 PM**

**ELLINGTON
HIGH SCHOOL**

Diane Lasher-Pente, Youth Services Director
870-3130

Meditation Group

In April, Youth Services will be starting a weekly meditation group for adults and High School students, every **Monday from 6:00 pm to 7:00 pm** in the community room behind the Ellington Police Department. The program will run for 6 weeks and cost \$10.00. Meditation is great way to help with:

- Stress
- Reducing anxiety
- Lowering blood pressure
- Sleep (insomnia)
- Better breathing
- Increasing creativity
- And much, much more



Please call Chantal at Youth Services 870-3130

Uniquely Me!

Tuesdays after school 2:30–4:00 for Middle School Girls
Thursday Nights 6:00 – 7:00 for High School girls
Starting in April for 6 weeks; cost \$20.00

The groups will not only teach the girls how to help themselves but others. Goals of group:

- Enhance assertive skills
- Increase positive body image
- Reduce stress
- Increase ability to make positive choices
- Increase awareness on the impact of media

For questions or to register, call
Diane Lasher-Penti, M.S. at 870-3130.



Anna Turner, Elderly Outreach
870-3131

Well Being Empowerment Phone Conference Series

Learning Secrets to Staying Well

Shawna Markel, Senior Engagement Specialist from the ADRC/St. Francis Care provider program will provide information on this new, stress free telephone education service. This telephone program enables you to connect with other seniors and health professionals from the comfort of your home to learn about a variety of topics.

June 1 at 10 am at the Ellington Senior Center

Please call Anna Turner @ 870-3131
by May 30 to reserve your seat.



What Color is Your Personality?

Ron Hughes, DCSW & Director of Social Wellness Support with Manchester Hospital will give a fun program looking at personality types, behaviors and traits within ourselves, and help to motivate us to learn new techniques for more effective personal interactions.

May 25 at 11 am at the Ellington Senior Center

Please call Anna Turner @ 870-3131
by May 23 to reserve your seat.

Erin Graziani, Senior Center Director
870-3133

TRIAD Senior Safety Day

“Get the Scoop on Safety” - includes an Ice Cream Social...visit community booths from the Police Department, Fire Department, Ambulance Corps, resources from Human Services, Elderly Outreach and Senior Center. This event is for senior residents and families.

**Sunday, June 11 from 2:00 to 4:00 pm at the
Ellington Senior Center**

Van transportation is available by calling the Senior Center at 870-3133 to reserve your ride.

National Volunteer Week

April 16-22

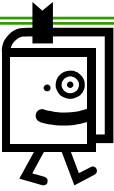
Thank You!

To all of Ellington's many volunteers.
Your gift of time makes Ellington a better place!



Susan Phillips, Library Director
870-3160

Peter Michaud, Public Works Director
870-3140



BOOK DISCUSSION

The library will be hosting a four-session book discussion series called "Scene of the Crime: Settings of Mystery Fiction". Virginia Hale, a retired professor from University of Hartford and a lover of mysteries, will lead the discussions. Titles are:

- Death at LaFenice by Donna Leon (March 21)
- The Bone is Pointed by Arthur Upfield (April 4)
- Skinwalkers by Tony Hillerman (April 25)
- Siberian Light by Robin White (May 23)

These novels take place in some less-familiar settings, both geographical and cultural, and in many cases the authors have used the settings to create mood, to affect plot, to illuminate characters and to highlight thematic concerns. Copies are available at the library. This program is funded by the Friends of the Library and a grant from the Connecticut Humanities Council.

**Hoffman Road
Brush Drop Off Area**

Hours of Operation

Opens April 1, 2006

April, May, June

Saturday 9:00 am - 4:00 pm

Tuesday 1:00 pm - 4:00 pm

Thursday 1:00 pm - 4:00 pm

CLOSED ON HOLIDAY WEEKENDS

Items accepted: leaves, brush, firewood and trunks of trees.

Items not accepted: Construction materials, grass clippings and tree stumps. GreenCycle (827-1490) on Sadds Mill Road will accept stumps.

Proof of residency is required.

VACANCIES

Board/Commission Vacancies

Several vacancies exist on the following Boards/Commissions:

- ⇒ Board of Assessment Appeals
- ⇒ Central Regional Tourism District
- ⇒ Connecticut Water Company Customer Advisory Council/Ellington Representative
- ⇒ Cultural Arts
- ⇒ Economic Development Alternate
- ⇒ Housing Authority
- ⇒ Inland Wetlands Agency
- ⇒ North Central District Health Department Board of Directors
- ⇒ Permanent Building Committee

If you are interested in serving, please call the First Selectman's Office (870-3100).



Thank you from the Friends of the Library to all the bakers who donated cookies to the annual Christmas cookie sale. About 125 trays of delicious, homemade cookies were assembled and sold.

Thanks also to the participants in the library's "Buy One, Borrow Many" DVD donation program. Over 60 new or gently used DVDs have been added to the collection, with 20 coming from I-Beez. Due to the cuts to the library budget in both FY 2004-05 and 2005-06, no new DVDs or videos have been purchased. Donations are gladly accepted at any time.



The **2006 Picture Perfect Ellington** calendar was a great success. The 38 photos submitted by the 11 residents yielded a beautiful selection. Of the 450 calendars purchased, many served as gifts, and were sent around the country and the world, to England, Japan, Ireland, Spain and Hawaii.

It's not too early to be thinking about your submissions for next year's calendar. Keep your eyes peeled and your camera at the ready for that perfect shot that captures the essence of our Picture Perfect Ellington.

Sewer User Fees due in April.

For residents on public water your sewer user fee is based on water consumption. When you conserve on your water consumption, you save two ways...on your water bill and on your sewer bill.





ELLINGTON RECREATION DEPARTMENT

2006 SPRING PROGRAM FLIER

**Address:**

31 Arbor Way P.O. Box 187

Email: recreation@ellington-ct.gov**Office Hours :**

Monday 8:30 am-6 pm Friday 8:30 am-1:30 pm

Tuesday-Thursday 8:30 am-4:00 pm

Phone: (860) 870-3118**Fax:** (860) 870-3198

General Information: We reserve the right to limit class size and to cancel classes failing to meet minimum requirements. Ellington residents are given preference for all programs during the 1st week of registration.

Registration Information: All Registrations are currently being accepted in the Recreation Office by computer entry during regular office hours (see hours above).

PAYMENT: Registration is not considered valid until the program fee is paid in FULL. We accept checks and cash ONLY.

- **NON-RESIDENTS:** Add \$5/program/participant.
- **REFUNDS:** Refunds are given only prior to the start of classes or if we cancel the program. Requests for refunds must be in writing and are subject to a \$3 processing fee.

Sponsorship Opportunities: Ellington businesses continue to support the Town of Ellington Recreation programs, as well as promote their respective businesses. Opportunities for sponsorship include sponsoring athletic teams, taking out an advertisement on the outfield fence on the Lisa M. Monti girl's softball field, sponsoring an event or program and/or making a donation. Contact Bob Tedford at the Recreation Office if you would like to discuss the possibilities.

ADA Statement: The Recreation Department complies with the Americans with Disabilities Act (ADA) prohibiting discrimination on the basis of disability. ADA requires that recreation programs be implemented in the most integrated setting possible, appropriate for each individual. Persons with disabilities are encouraged to contact the Recreation Department regarding any accommodations needed to assist with participating in, and the enjoyment of, any program or event.

Insurance: All persons participating in Ellington Parks and Recreation Programs should carry their own personal health insurance. The Town of Ellington is not responsible for personal injuries. Participants in Recreation Department-sponsored programs do so at their own risk. Only those enrolled in the program may attend. Sorry, children will not be allowed in the classroom or gymnasium during adult programs, and siblings must remain seated and not disturb youth classes.

Employment Opportunities: The Recreation Department employs part-time personnel for various seasonal positions including Waterfront Staff, Day Camp Staff, Referees, Umpires and Instructors who can share their special skills with the community. Pick up an application at the Recreation Office ~ 31 Arbor Way.

BOSTON RED SOX FENWAY PARK BUS TRIP

June 9, 2006



The Recreation Department will offer a Friday evening, June 9 bus trip to Fenway Park where the Boston Red Sox will compete versus the Texas Rangers.

Game time is 7:05 pm with the bus leaving Arbor Park at approximately 3:30 pm. Tickets are available on a first-come, first serve basis at the Recreation Office during normal business hours. Seats are located in Section 30.

Fee: \$91 for both transportation and Red Sox ticket. Tour Insurance (\$5) can be secured, enabling a person to cancel 24 hours prior and receive a full refund. Make checks payable to Ellington Recreation Department.

BOSTON DUCK TOUR & CRUISE



Board a luxury VCR/DVD Silver Fox coach and travel to Boston. On arrival you will take a sightseeing tour of the Boston Commons, viewing the swan boats and public gardens. A full course luncheon is also included at the famous "No Name" Restaurant, located right on the fish pier. You'll see fishing vessels bringing in their catch!! Then comes the special treat of the day, a ride on one of the famous Boston Ducks, amphibious vehicles formerly used by the US Army. Your tour guide will point out all the Boston sights and you'll take a plunge into the Charles River for a brief cruise.

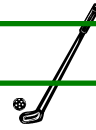
Date: May 21 or June 3

Cost: \$59.00 per person

Departure from Ellington: 9:00 am

Arrive back in Ellington: 5:30 pm

Make checks payable to Ellington Recreation Department.



Adult Sports

CLASS	DATES	TIME	AGES	FEE	LOCATION
Co-Ed Volleyball	Wednesdays—ongoing program	7:30-9:00 pm	18+ up	\$5	EMS
Eastern Connecticut Women's Soccer Club	Opening day April 23 April 23—June 18	1st game: 9-10:45am 2nd game: 10:30am-12	18+up To register go to ctwomenssoccer.org	\$45	Brookside Park
Men's Informal Basketball	Monday Evenings March 6—June 19 (No Program April 17th)	5:00-6:30pm	Under 30	\$7	Windermere School
		6:00-8:30pm	Over 30	\$7	Middle School
Tennis Lessons (Indoor Lessons) Instructors: Conrad McIntire & Rich Willis	Session 1: May 8,10,15,17	6:00-7:00pm	Adult Intermediate	\$25	Brookside
	Session 1: May 8,10,15,17 Session 2: May 24,31, June 5,7	7:00-8:00pm	Adult	\$25	Brookside
		7:00-8:00pm	Beginner	\$25	EHS
Other Tennis: Cardio Tennis	March 21,28, April 4,11,18, 25	9:00-10:00am	Adult	\$96	Grande Meadows
		11:00-12:00am			
Welcome Back To Tennis	April 29 Cardio Welcome Back to Tennis	10:00-11:00am	Adult	N/A	Brookside
		11:00am-12pm			
Open House Tennis	May 7 Cardio Welcome Back to Tennis	4:00-5:00pm	Adult	N/A	Brookside
		5:00-6:00pm			
Outdoor Morning Tennis Cardio Beginners Tennis Intermediate Tennis	May 9,16,23,30	9-10:30am	Adult	\$40	Brookside
	May 12,19,26, June 2	9-10:30am			
	May 12,19,26, June 2	10:30am-12pm			
INDOOR Golf Lessons Instructor: Jamie Lloyd PGA Professional	Session 1: Mar 28, Apr 4,11,18	6:00-7:00pm	Ages 8 to 12	\$30	Crystal Lake School
	Session 2: Mar 28, Apr 4,11,18	7:00-8:00pm	Adults Age 13+ up		
Women's Informal Basketball	Monday Evenings Ongoing (no program Apr 17)	7:15-9:00pm	18+ up	\$5	Center School
Adult Indoor Soccer Co-ed	On-Going Wednesday Evenings March 8,15,22,29, April 5	7:30-9:30 pm	18 & up	\$15	Windermere School
Spring Basketball	March 23, 30, April 6,13,27, May 4,11,18	6:00—7:00pm	7+up	N/A	EMS
Adult Women's Indoor Soccer	March 9,16,23,30 April 6,13	7:15-9:00pm	18 & up	\$15	Windermere & Center School

Look for the Recreation Department tentative **summer flyer** during third week of March 2006!

ACTIVITY	DATES	TIME	AGES	FEE	LOCATION
Tiny Tot Indoor Tennis Lessons	Session 1: March 9,16,23,30	5:30—6:15pm	3-5 years	\$20	CL School or Windermere School
	Session 2: April 6,13,27, May 4	5:30—6:15pm	3-5 years	\$20	
Pee Wee Indoor Tennis Lessons	Session 1: March 9,16,23,30	6:15—7:00pm	5-7 years	\$20	CL School or Windermere School
	Session II: April 6,13,27, May 4	6:15—7:00pm	5-7 years	\$20	
Outdoor Tennis Lessons (Youth)	Session 1: May 8,10,15,17	3:00-4:00pm	Grades 9-12	\$25	Brookside Park
	Session II: May 24,31 June 5,7	4:00-5:00pm	Grades 5-8		
	(same times and grades as above)	5:00-6:00pm	Grades 1-4		
Actor's Workshop	Session 1: April 19	9:30am-12:15pm	Grades 5-8	\$15	Center School
	Session 2: April 19	12:30—3:00pm	Grades 9-12		
Youth Volleyball	March 15,22,29; April 5,12,26	6:00—7:15 pm	Grades 7-8	\$7	EMS
Youth Volleyball	March 15,22,29; April 5,12,26	5:15-6:15pm	Grades 5-6	\$7	EMS
High School Volleyball	March 15,22,29 April 5,12,26	6:15—7:30pm	Grades 9-12	\$7	EMS
Kickboxing	Thursdays starting in late March	4:30-6:00pm	Grades 9-12	\$7	EHS
*Creative Music & Movement for Tots! (minimum of 6 needed to run program)	Session # 3 March 9,16,23,30; April 6,13,20,27	9:30am-10:15am	1-3 years	\$60	Arbor Commons 1
	Session #4 May 4,11,18,25; June 1,8	9:30am-10:15am		\$45	
**Fantastic Five Summer Class/ Program	Session 1: July 10,11,12,13,14, Session 2: July 17,18,19,20,21 Parent Participation Required	9:30am-11:00 am or 2:00pm-3:30 pm	2-4 years Class limit 10 students	\$60	TBD

***Creative Music & Movement for Tots!** A program geared just for toddlers ages 1-3yrs. Come play, sing, dance, and move to the beat. This stimulating program will introduce children to a wide variety of music & instruments. Instructor Jill Maznicki will lead the class in finger plays, songs and bounces. The children will gain increased attention span, learn valuable social skills and strengthen the bond with the adult who accompanies them. So hop on the band wagon, sign up that special little someone in your life for great fun!!

****Fantastic Five Summer Class/Program:** In this new and exciting program, children will engage in fun, age appropriate activities designed to stimulate each of their five senses. Young children learn by doing. Fantastic Five is a hands on, ooohy-goohy, fun, and OH! Yes!, wonderfully messy experience!!! Our program will offer opportunities for exploration & discovery, peak interest and curiosity, as well as facilitate language and learning. The program will be conducted in a pre-school environment and directed by Early Childhood Educator, Jill Maznicki. It is a great warm-up school experience, especially for children who will be going to pre-school in the fall. Please wear 'play clothes' and bring your sense of adventure! A daily snack will be provided as part of our taste activities. Come share in the wonder!!!

Come out to celebrate with
Youth Services and Recreation Department

SPRING FLING

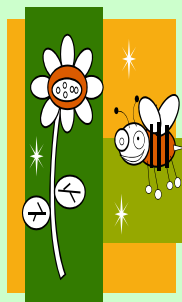
Games ~ Crafts ~ Prizes ~ Music ~ Snacks

Pre-K to 4th graders

Thursday, April 20 ~ 10:00 am to 1:00 pm

Center School Cafeteria & Gymnasium

Cost: \$5.00 per child



Tickets may be purchased at the
Recreation & Youth Services Offices
31 Arbor Way

Children must be accompanied
by an adult.

Any questions, call
870-3130 or 870-3118

ACTIVITY	DATES	TIME	AGES	FEE	LOCATION
Women's Self-Defense	March 13,20	6:00-7:15 pm	12 + up	No Fee	Center School
Jukido	Ongoing- Resuming April 6—May 18 (no class Apr 19) May 25-June 22	5:30-6:45 pm	6 + up	\$35 per session 6 week sessions	Windermere School Gymnasium
Youth & Adult Tap Dance	Session 1: Mar .13,20,27; April 3,10, 24	6:30-7:15 pm	5-12 Years	\$35 per session	Windermere School Gymnasium
(Min. 8 to run classes)	Session 2: May 1,8,15,22; June 5,12	7:15—8:15 pm	18 & up		
Co-Ed Youth Lacrosse	In house program - starting Tentatively on April 22	TBD	Grades 3,4,5&6	\$20	Ellington High School
	(Competitive League Play for Grades 7th & 8th)		7th & 8th	\$25	
Youth INDOOR Soccer CO-ED	March 14,21,28	5:30-6:30pm 6:30-7:30pm	Grades 3-4 Grades 5-6	\$10	Ellington Middle School
	April 4,11	7:30-9:00pm	Grades 7-8		
		6:30-7:30pm 7:30-8:30pm 8:30-9:45pm	Grades 3-4 Grades 5-6 Grades 7-8		
CPR/First Aid (Min. 6 to run class)	Session 1: April 6 & 13 Session 2: May 4 & 11	5:30—9:30 pm	All Coaches	\$7 per session	Arbor Commons 2
CPOHEART Child and Babysitting Safety Course	Session 1: March 14 & 16 Session 2: April 11 & 13 Session 3: May 1 & 3 Session 4: May 15 & 17	3:00 -6:00PM MIN. 10 MAX. 14	11—15 years Boys & Girls	\$40 per Session	Arbor Commons 2 All sessions
NYSCA Coaches Clinic	Session 1: April 3 Session 2: May 1	6:30:-9:30pm	All Rec. Coaches	No Fee	Arbor Commons

Ellington Recreation Department & Vernon Lanes

**Special After School
Mini 6-Week Bowling Program
Grades 1-8
May 2006 (Dates Pending)**



Bus transportation provided to Vernon Lanes from the following schools: Center, Crystal Lake, Windermere and Ellington Middle Schools. Parents will be responsible for picking up their children at the Vernon Lanes.

Cost: \$65 includes 1-1/2 hours of bowling, shoe rental, transportation to Vernon Lanes and free pizza party at end of program.

Call Mary at the Recreation Department—870-3118.

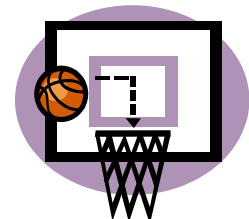
**INTEGRATIVE
YOUTH SPRING
BASKETBALL**

In cooperation with
**CT AAU WAVE
BASKETBALL
ORGANIZATION**

Co-ed program for ages 7+ up

**Contact: Cindy Malone
875-**

5342



ELLINGTON GIRLS SOFTBALL LITTLE LEAGUE

(for girls ages 7-14 as of 12/31/05)

REGISTRATION DEADLINE IS SATURDAY, MARCH 11

For information on how to register for the season and/or clinics contacts Lori Savino 871-7703

Evaluation Clinics:

Saturday, March 25 @EHS gym

Minors (9 & 10 year olds) 8:30am to 10:30am

Majors (11 & 12 year olds) 11:00am to 1:00pm

(please arrive 15 minutes early to register and warm up)

BOMBERS SKILLS CLINIC ~ Softball Fundamentals

March 11 @ Windermere School - \$5.00 Fee

9:00AM-NOON - 9/10 years old **FULL** (waiting list only)

1:00PM-4:00PM - 11/12 years old

March 14 @ Windermere School - NO Fee—Open Gym

5:30PM-7:00PM - 9/10 year olds

7:15PM - 8:45PM - 11/12 year olds

March 22 or March 28 @ Windermere School - \$5.00 Fee

5:30PM-7:00PM - 7/8 year olds

MUST BE PRE-REGISTERED FOR ALL CLINICS

COACHES CLINICS/TRAINING

FIRST AID/BOOLD BORNE PATHOGEN TRAINING

(must be attended by at least one mgr/coach from each team)

Choose one from the following classes:

March 23 5:30—9:00 pm Arbor Commons
Rec Department

March 30 5:30—9:00 pm Arbor Commons
Rec Department

April 4 9:00-12:30 pm Arbor Commons
Rec Department

For more information, please call Mary Bartley at 870-3118

RULES FOR COACHES/UMPIRES

This program is required for all managers/coaches/umpires in training. Program to be conducted by Mike Almeida, who is a certified college and high school fast pitch softball official with 25-30 years of umpiring experience.

April 10 @ EMS gym 7:30pm to 9:30pm

Guidelines: Cut off for Girls Little League Softball: The child has to be 7 years old by 12/31/05. Also, 6 year old girls with 1 year of instructional T-ball will be considered, but their acceptance is subject to the availability of volunteer coaches. For more information for girls softball, please contact Lori Savino 871-7703.

Recreation Department Instructional T-Ball Program

For boys and girls ages 4 (in 2006) up to those who will turn 6 years old after August 1, 2006.

Registrations will be accepted at the Recreation Department from

March 1 through April 10, 2006, during Regular Office hours .

Mondays 8:30 am-6 pm, Tuesday-Thursdays 8:30 am-4 pm, Fridays 8:30 am-1:30 pm



Program will be held on Saturday mornings from 10 am-11 am

Location: Ellington High School (Fields located behind the school)

Dates: April 22,29, May 6, 13, 20 and June 3, 2006 (Rain Date June 10)

All Saturdays, Will Not meet on May 27, Memorial Day Weekend.

Cost : \$20.00 per player (price includes t-shirt)

All participants will need to provide their own glove. Please label your child's glove with his or her NAME. The program will cover the fundamentals of baseball and softball (Throwing, Catching, Fielding, Batting, Base Running, Positions and Rules)

We are in need of
Parent Volunteers
for this program please contact

Mary Bartley @ 870-3118 or
e-mail: mbartley@ellington-ct.gov

A volunteer coaches meeting will be held on April 18, 7-8:00pm at the Recreation Department Conference Room. We hope that you can join us.

Advanced T- Ball

for children boys & girls who are 6 & 7 years old that do not make the age guideline for either the Boys or Girls Little League Programs. Program will be a coach pitch /T-ball format. The program will cover the fundamentals of baseball and softball (Throwing, Catching, Fielding, Batting, Base Running, Positions and Rules) **Cost : \$20.00 per player (includes T-shirt)**

LITTLE LEAGUE BASEBALL: Please contact ellingtonLL@sbcglobal.net or visit www.eteamz.com/ELL.

Note: The child has to be 7 as of 5/01/06 to qualify for Boys Little League baseball.

2006 Spring Outdoor Youth Soccer

The Recreation Department. will offer an outdoor soccer program for boys and girls based on current CT Junior Soccer Association age/birth date guidelines (see below). Based on enrollment and evaluation submittals of the respective coaches, teams may be formed in the following age groups:

- U-16 Boys and Girls
- U-14 Boys and Girls
- U-12 Boys and Girls
- U-11 Boys and Girls
- U-10 Boys and Girls
- U-9 Boys and Girls (In House)
- U-8 Boys and Girls (In House)
- U-6 Boys and Girls (In House)

Placement will be determined by skill level, age compatibility and available roster space. The Rec. Dept. will make the final determination regarding a players placement to a respective age level; a player may attend evaluation clinics at an age group higher than his/her current age, but cannot attend an evaluation clinic at a lower age division.

Registration Guidelines

First year player must submit a copy of his\ her birth certificate and a photo(1x2) for use on a player pass. Parent: If your child played CJSA in the Fall of 2005 you do not have to resubmit this documentation. If on file, we will use the copy of your child's birth certificate when assembling a player pass.

Fees:

- \$24.00 - U-10-U-14
- \$15.00 - U-9 ,U-8, U-6 and In-house program

Spring Soccer Age groups CT Junior Soccer Association Birth Date Guidelines

- U-19 Players born 8/1/86 and younger
- U-18 Players born 8/1/87 and younger
- U-17 Players born 8/1/88 and younger
- U-16 Players born 8/1/89 and younger
- U-15 Players born 8/1/90 and younger
- U-14 Players born 8/1/91 and younger
- U-13 Players born 8/1/92 and younger

- U-12 Players born 8/1/93 and younger
- U-11 Players born 8/1/94 and younger
- U-10 Players born 8/1/95 and younger
- U-09 Players born 8/1/96 and younger
- U-08 Players born 8/1/97 and younger
- U-07 Players born 8/1/98 and younger
- U-06 Players born 8/1/99 and younger

The Northeast District offers different levels of play for various age groups:

Division 3, 4 and 5 for U 12 and U 14 Boys & Girls
 Division 4 and 5 for U10 Boys & Girls

Players and/or Teams will be formed based on the coaches evaluations relative to the final enrollment

In-House Program: Ages 4, 5, 6, 7, 8

All training sessions will be held in Ellington, starting date and time frame will be predicated on final enrollment. When registering your child, please indicate which day(s) are acceptable. Weeknights? Saturday Mornings?

In-House Players do not need to submit a Birth Certificate or Picture.



Spring Evaluation Clinic Dates

To qualify a player MUST attend a minimum of (1) Evaluation Clinic in order to receive a rating.

PRE- REGISTRATION IS REQUIRED PRIOR TO GOING TO ANY EVALUATION CLINIC.

DIVISION	DATES	TIMES	LOCATION
U 10 GIRLS	April 6,10,12	5:45 pm to 7:00 pm	Brookside Park
U 12 GIRLS	April 4,5,11,13	6:00 pm to 7:15 pm	Brookside Park
U 14 GIRLS	March 27 & April 3	4:30 pm to 5:30 pm	Brookside Park
	April 8	10:00 am to 11:00 am	Brookside Park
U 16 GIRLS	April 3, 5 & 7	5:30 pm to 7:00 pm	Brookside Park
U 10 BOYS	March 25,26	3:00 pm to 4:30 pm	Brookside Park
	April 6	5:00 pm to 6:30 pm	Brookside Park
U 12 BOYS	April 6,7,14	5:30 pm to 6:45 pm	Brookside Park
U 14 BOYS	March 27 & April 3	4:30 pm to 5:30 pm	Brookside Park
	April 8	10:00 am to 11:00 am	Brookside Park
U 16 BOYS	April 3,6,11	5:30 pm to 7:00 pm	Brookside Park

FULL - DAY SUMMER CAMP 2006

Full Day:	8:30 am - 2:30 pm	\$75.00 per child/per week
Part-Time:	8:30 am - Noon	\$40.00 per child/per week
Before Camp Care:	7:30 am - 8:30 am	\$10 per child/per week (daily \$3.00 per day)
After Camp Care:	2:30 am—4:30 pm	\$35 per child/per week (daily \$7.00 per day)

Note: A reduction of \$10 per week (full day camper) for 2nd and 3rd children in same household

Pre-Registration is Mandatory

REGISTRATION INFORMATION

- Registration Begins: Immediately
- Special Registration Day: May 20 from 9:00-Noon
- Minimum of 35 registrants required in order to proceed with a full day program
- After Camp Care, minimum of 12 registrants
- Walk-in or day to day enrollment and/or registration will only be accepted once the minimum number of 35 full-day campers has been reached.
- Register at the Recreation Department or download the registration form from our website: www.ellington-ct.gov; select "Town Services"; select "Parks & Recreation" and mail it to:

Ellington Recreation Department
ATTN: Day Camp
31 Arbor Way P.O. Box 187
Ellington, CT 06029

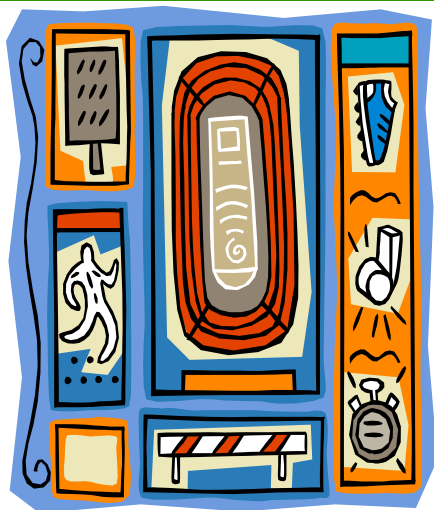
CAMP INFORMATION

Ages: 4-12
 (4 as of 12/31/06)
 Location: Center School

Week 1: June 28 — 30
 Week 2: July 5 — 7
 Week 3: July 10 — 14
 Week 4: July 17 — 21
 Week 5: July 24 — 28
 Week 6: July 31—August 4
 Week 7: August 7—11
 Week 8: August 14—18



Activities include X-mas in July, Water Balloon Waddle, Capture the Flag, Water Bucket Brigade, Obstacle Course, Annual Talent Show, Arts & Crafts, Sports, Mid-Week Movies, Pizza Parties, Jewelry Making, Outdoor Adventures, Relay Races, Play-Dough, Snacks, making new friends, and much more. Bus trips if interest warrants .



Youth Track & Field

Boys & Girls ~ Grades 3 to 8

April 8 through June 17

Wednesdays 6-7:30 pm & Saturdays 10-11:30 am

Fee: \$25.00

Program Coordinators: Bob Kraus & Mike Dolen

All practices will be held at the Ellington High School Track.

This is a low key program designed to introduce youth to cross-country runs, distance challenges and much more. There will be many fun running games and track /cross country meets with other towns. Beginners are welcome and parents are encouraged to participate.

CRYSTAL LAKE - SANDY BEACH

2006 Beach Hours ~ Weather Permitting

Pre-Season:

Weekends **ONLY**
 starting June 17,19
 12 noon—5:00 pm

Full Season:

June 24—August 20, 2006
 Weekdays: 12 noon—6:30 pm
 Weekends: 11:00 am-6:30 pm
 July 4th: 11:00 am- 6:30 pm

Post- Season:

To be announced contingent upon staff, budget and weather.

Fees:

Residents Daily Fee:

\$2.00 Adult 18 & up
 \$1.00 Child 6-17 yrs
 Children under 5 are free
Show your ID at the Gate

Non-Resident Daily Fees:

\$5.00 Adult 18 & up
 \$3.00 Child 6-17 yrs
 Children under 5 are free



BEACH PASSES (Ellington Residents Only)

\$40.00 per family
 \$25.00 Individual
 \$10.00 Senior Citizens

Swim Lesson Registrations: Saturday, May 20, 2006

Location: Recreation Department, 31 Arbor Way
 Time: 9:00 am—12noon
 Cost: \$30.00 = 40 minute lessons \$25.00 = 30 minute lessons

*Swim Class Schedules will be posted by April 24, 2006

Group Fitness Classes: Pre-registration is required. Full payment is required at time of registration. No credits unless documented illness or mitigating circumstances.

Town of Ellington Fitness Policy

- All participants must complete registration forms and a *Physical Activity Readiness Questionnaire (PAR-Q)*. A physicians referral may be required before participation.
- Children 14 years and older are welcome with a participating adult.

Kripalu

Yoga

Thursdays
6:30-8:00 pm
 Hall Memorial Library



An athletic, flowing, challenging practice that emphasizes breath, core strength and concentration. Learn about the links between movement and breath, soothing poses, and flexibility and strength. This class brings health to the mind, body and spirit.

Session Dates: April 30-May 4
 May 11-June 15

Fee: \$40.00 per session

Instructor: Wayne Morganson

Pilates

Mondays, 7:30-8:30 pm
Center School

With an emphasis on breath, core conditioning and body awareness, Pilates exercise is a safe and effective way to stretch, strengthen and streamline your body. The perfect complement to cardiovascular exercise. Bring a sticky mat, water bottle and stability ball.

Session Dates:

March 13,20,27
 April 3,10,24

Fee: \$40.00

Instructor:

Joanne Britton



Fitness Fusion

Tuesdays, 7:30-8:30 pm
Center School



Lots of high-energy cardio intervals blended with multiple muscle group toning. Nearly a solid hour of continuous movement, this program is sure to build strength and improve endurance—with zero opportunity to get bored. All fitness levels welcome. Bring mat, water bottle, stability ball and two sets of dumbbells (5# & 8# or 8# & 10#)

Session Dates:

March 21,28,
 April 4,25, May 2

Fee: \$40.00 per 6 week session

Instructor: Joanne Britton



EASTER EGG HUNT

The Ellington Rescue Post 512 will hold its Annual Easter Egg Hunt on **Saturday, April 15 @ 10:00 am**

The cost is \$3 per child. The age groups are 1-3 years old, 4-6 years old, and 7-10 years old. Refreshments will be available for purchase. The Easter Bunny will be there to hand out candy!

Come and support the Ellington Rescue Post 512.



TOWN OF ELLINGTON HOLIDAY SCHEDULE

The Town Hall will be closed on the following dates:

- April 14 Good Friday
- May 29 Memorial Day*
- July 3 Contractual Holiday
- July 4 Independence Day*

* Rubbish collection will be delayed one day.



Blood Drive

April 6, 2006

1:00 PM—6:00 PM



Ellington Congregational Church, 72 Main Street, Ellington, CT

For an appointment,

CALL 1-800-GIVE LIFE (1-800-448-3543)

Ellington Junior Women's Club

FAIR ON THE GREEN

May 13

10 AM—4 PM



Questions:
Call Natalie Lapointe @
875-8983
or e-mail
natalie@laprjns.com

Town Hall Hours

Monday

8:30 am—6:00 pm

Tuesday, Wednesday, Thursday

8:30 am—4:00 pm

Friday

8:30 am—1:30 pm

A copy of this newsletter is available online ~ log onto
www.ellington-ct.gov

Go to our website and sign up for **Auto-mail** to get the latest Town info via e-mail. You will receive timely information throughout the year regarding holiday trash delays, road closings, referendums and election polling hours, special events, cancellations, reminders and the Ellington Connection. At any point you may unsubscribe from this service. Your personal information and e-mail address will not be shared or used for political campaigns.

If you would like to place an article in the Ellington Connection, contact Marie Sauvé in the First Selectman's Office @ 870-3100 or email msauve@ellington-ct.gov

Town Hall
55 Main Street
P O Box 187
Ellington, CT 06029

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