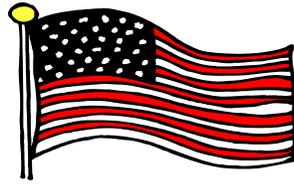


# THE ELLINGTON CONNECTION



FROM THE  
FIRST  
SELECTMAN  
870-3100



Greetings,

As we enter a new year there are two projects under way which are very important to you as citizens. One is our Charter Revision and the other is the generation of our new Plan of Conservation and Development.

Some proposals currently under consideration as revisions to our Charter are technical changes, including such items as grammatical changes, clarifications, and removal of repetitive language. Others would make more significant changes with which you should become particularly familiar. Copies of the proposed changes and Charter Revision Commission's Draft Report are available for review at the First Selectman's Office and at the Town Clerk's Office, and they are also available at the Town website, [www.ellington-ct.gov](http://www.ellington-ct.gov), under Our Town. The Board of Selectmen will hold at least one public hearing on the Draft Report. If no changes are recommended by the Board of Selectmen, the draft becomes final and will be scheduled for vote at the November 2007 election. The Final Report will be published in the Journal Inquirer and The Ellington Connection.

The Plan of Conservation and Development (POCD) is, in essence, our road map for the Town as we go forward. As you can see elsewhere on this page, information on this document is available on the Town website as well as at the Planning Department. Under the category of conservation, the plan addresses continuation of our rural character, protection of our environment, and preservation of farms and open space. Development issues include economic development opportunities, aesthetics of commercial development and zoning, particularly as all these effect the town's tax base and character. The third major category addressed by the plan is infrastructure, which includes the Town's public services and facilities, ability to handle traffic, and sewer service capability.

The revised Town Charter and the new Plan of Conservation and Development, together, will play a major part in Ellington's future. Please take the time to become familiar with both and provide your input on them.

*Michael P. Stupinski*  
First Selectman

Robert Phillips, Town Planner  
870-3120

## Plan of Conservation & Development

### CALLING ALL RESIDENTS !!

**The Town of Ellington is currently updating the Plan of Conservation & Development (POCD) and really needs your input!**

Information regarding the next public workshop is available on the Town website: [www.ellington-ct.gov](http://www.ellington-ct.gov). Select 'Town Services', then 'Town Planner'. There you will find links to information regarding meeting dates, agendas, minutes and materials associated with the update. You may also contact the Planning Department for general information at the Town Hall Annex or by phone at 870-3120.

We look forward to hearing from you!

## Vacancies

### Board/Commission Vacancies

Several vacancies exist on the following Boards/Commissions:

- ⇒ Board of Assessment Appeals Alternate
- ⇒ Central Regional Tourism District
- ⇒ Conservation Commission
- ⇒ Economic Development Alternate
- ⇒ Housing Authority
- ⇒ Inland Wetlands Agency
- ⇒ Mental Health Council #15
- ⇒ Visiting Nurse & Health Service BOD
- ⇒ Water Pollution Control Authority
- ⇒ Zoning Board of Appeals Alternate

If you are interested in serving, please call the First Selectman's Office (870-3100) to request a Statement of Interest Form or download the form from the website; [www.ellington-ct.gov](http://www.ellington-ct.gov); select 'Government'; select 'Boards & Commissions'; select 'Vacancies'. Meetings are usually held monthly in the evening.



REMINDER... check the batteries in your  
SMOKE & CARBON MONOXIDE  
DETECTORS.

And remind others to do the same.

Rhonda McCarty, Assessor  
870-3109

## HOMEOWNERS' TAX RELIEF PROGRAM

The Homeowners' Tax Relief Program allows a tax credit for qualifying individuals. To qualify, the homeowner (or spouse, if domiciled together) must have been 65 years of age by the end of 2006, reside at the property and meet the **income requirements\***. Income is defined as adjusted gross income and tax exempt interest, plus any other income not included in the adjusted gross income. Totally disabled persons, regardless of age, are initially eligible for the program provided they have a Social Security Award Letter specifying a date of entitlement during the current benefit year or a SSA-1099 with Medicare premiums.

Applications must be filed every two years. If you are currently on the program you will receive an application if it is your year to file. Anna Tuner, NSW/Elderly Outreach Social Worker, is available to assist seniors in completing the application. Call her at 870-3131 before May 10, 2007.

The filing period for the Homeowners' Tax Relief Program is February 1 through May 15. Applications will be available at the Assessor's Office beginning in February.

## ADDITIONAL VETERANS' EXEMPTIONS

Any person entitled to a veteran's exemption may also be entitled to additional exemptions if they meet the **income requirements\***. Applications must be filed every two years. If you are currently on this program you will receive an application if it is your year to file. The filing period for this program is between February 1 and October 1. Applications are available at the Assessor's Office.

### \*Income requirements

To qualify for the 2006 benefit year the maximum income is \$35,300 for a married couple and \$28,800 for a single person.

Ann Marie Conti, Tax Collector  
870-3113

## TAX BILLS DUE

In January, the second half of your Real Estate and Personal Property tax bill will be due if your total bill was greater than \$600. You have already received your payment stub in July. If you can not find your bill or need further information, please call us at 870-3113. The Tax Office does not mail reminders.

## SUPPLEMENTAL MOTOR VEHICLE TAX BILLS

The supplemental motor vehicle tax bills are mailed the last week in December. Supplemental bills are prorated to reflect the registration time of your vehicle after October 1, 2005 and before September 30, 2006. Vehicles that have been traded in will receive a prorated credit netted against the newer vehicle if the same plate is transferred.

**Avoid long lines...  
Pay your taxes by mail!**

Remember, if you are having a difficult time paying your taxes, partial payments are accepted. Although we cannot stop the interest from accruing, we can help you by accepting partial payments. Feel free to give us a call if you have any questions regarding a payment plan or any other tax issue.

Please keep copies of your tax payments for preparation of your IRS and State of Connecticut income tax returns.

## SEWER USER FEES

Sewer User Fees are due in April. For residents on public water your Sewer User Fee is based on water consumption. When you conserve on your water consumption, you save two ways...on your water bill and on your sewer bill.

### Save The Dates

It's Budget Season!

April 10  
**Budget Public Hearing**  
8:00 P.M.  
Ellington High School

May 8  
**Annual Town Budget Meeting**  
8:00 P.M.  
Ellington High School



## Snow Removal from Sidewalks:

Per Town Ordinance, homeowners are required to remove any snow or ice from sidewalks in front of their property within 24 hours following the cessation of the fall of snow or ice. Failure to do so could result in a fine of \$75.

Doris Crayton, Human Services Director  
870-3128

Erin Graziani, Senior Center Director  
870-3133

**AARP TAX PREPARATION PROGRAM:**

It is that time of the year again. The AARP Tax Preparation Program will start on Thursday, February 1, 2007. Volunteers will be available every Thursday up until April 12, 2007 to assist seniors and disabled residents with their state and federal income tax preparation.

Appointments are scheduled from 9 A.M. to 1 P.M. in the Conference Room of the Recreation-Human Service Complex located at 31 Arbor Way. Call the Senior Center to schedule an appointment ~ 870-3135

**ENERGY PROGRAM**

The ENERGY PROGRAM Applications are being accepted for the winter heating program. This program will help to pay for electric heat, oil, propane, kerosene, or wood for those households that meet certain income and asset guidelines. For further information call 860 870-3128.

**EMERGENCY CALL LIST**

With colder weather coming you need to be prepared for power outages and other weather related emergencies. If you or someone you know may need assistance during this time, we may be able to help. This is especially important if you are disabled, frail, elderly or live alone with no immediate family in the area. To obtain information on how to get on the emergency call list contact us at 870-3128.

**COLLEGE PROGRAMS FOR SENIORS**

To the Senior Community... Superintendent of Schools, Stephen Cullen, is looking for your interest in a series of educational programs offered by a local community college. We would like your input! So, please take a few minutes to respond to the survey. Thank you.



Your answers to the following questions will help us accommodate your interests:

1. What topics of interest would you like to study?
2. Where would you like to take the classes?
  - a. Senior Center
  - b. Schools
3. What time frame would you prefer?
  - a. 3-5 p.m.
  - b. 5-7 p.m.
  - c. 6-8 p.m.
  - d. Other time, please state \_\_\_\_\_
4. Would you be willing to financially contribute toward the classes?

Please drop off or mail your answers to the survey at the Senior Center, 16 Church Street, or fax to 870-3136 or email to [egraziani@ellington-ct.gov](mailto:egraziani@ellington-ct.gov).

Anna Turner, Elderly Outreach Caseworker  
870-3131

**Lifeline Emergency Call System**

January 18 at 1:30 pm  
Senior Center

Presentation by Nancy Cucca with ECHN. Find out how this system works in your home for your safety. Lifeline even works when all electrical power is off! Call 870-3131 to RSVP your attendance.



**National Family Respite Grant**

February 15 at 1:30 pm  
Senior Center

Presentation by the North Central Area Agency on Aging. Learn about this grant to help pay for in-home care cost for elderly relatives.

Call 870-3131 to RSVP your attendance.

**Reverse Mortgage**

**Financing Your Long Term Care Needs**  
March 1 at 10:30am  
Town Hall

A representative from the CT Housing Finance Authority will give information on how their program works to help pay for your care needs in your own home.

Call 870-3131 to RSVP your attendance.

**Friendly Visitor Program**

The Friendly Visitor Program needs volunteers. If you are interested in volunteering to meet with an isolated Ellington senior and share 1hour of your time each week, then we can use your help!! Training sessions to begin this Spring.

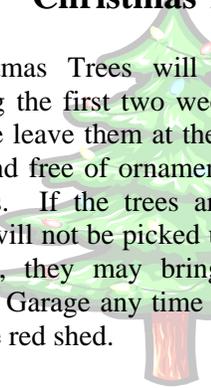


For more details call Anna Turner at 870-3131

Peter Michaud, Public Works Director  
870-3140

**Christmas Trees**

Christmas Trees will be picked up during the first two weeks of January. Please leave them at the curb, butt-end out and free of ornamentation and tree stands. If the trees are not cleaned, they will not be picked up. If residents prefer, they may bring them to the Town Garage any time and leave them by the red shed.

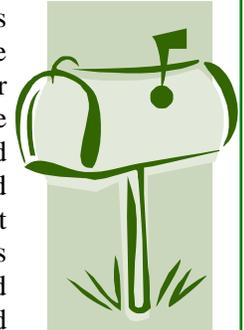


**Winter Sand**

**Sand is available to resident through the winter months. The pile is located at the Town Garage, 21 Main Street on the Firehouse side.**

**Mailboxes**

Public Works asks residents to make sure their mailboxes are securely fastened to the posts and that the post is not rotted. Mailboxes should be placed 12 inches behind the curb. A properly installed mailbox should not be affected by the impact of snow.



**Ellington Housing Rehabilitation Program**

**Does Your Home Need Repairs?**

The Town of Ellington has funds available to make no interest loans for the rehabilitation of residential properties. The funds for the program come from a Small Cities Grant from the Connecticut Department of Economic and Community Development. To be eligible, low- and moderate-income residents must live in the housing units. The program funds repairs to bring the property up to health and safety standards.

**How to Apply:** Pick up an application form at the First Selectman’s Office at Town Hall or the Community Development Office on the third floor of Town Hall, 55 Main Street, Ellington, or call the Community Development Office at (860) 870-3132 any Tuesday from 8:30 a.m. to 4:00 p.m. or leave a message for information. Applications can be sent and returned by mail.

**Who is Eligible:** All Ellington homeowners with incomes below the following limits, or owner occupant of up to four family buildings in Ellington when all households meet the following income guidelines:

**Income Limits by Family Size**

1	2	3	4	5	6	7	8
\$41,700	\$47,700	\$53,650	\$59,600	\$64,350	\$69,150	\$73,900	\$78,650

**Type of Assistance:**

- ♦ **Financial Assistance** - No-interest deferred payment loans, which do not have to be repaid as long as the applicant lives in the home. Grants will be provided for eligible lead paint and asbestos related work. When the home is sold in the future, the loan must be repaid to the Town.
- ♦ **Technical Assistance** – A Rehabilitation Specialist will inspect the home with the owner and help determine the scope of work to be done. He will also assist the homeowner with hiring a contractor and will monitor work to be done and issue payments.

**Type of Rehabilitation Work:** The first priority is to address building code and serious maintenance problems. Typical items include upgrading of electrical, heating and plumbing systems, re-roofing, siding, window replacement, insulation, septic system and well repairs or hookups. Most properties will be inspected for lead paint. Handicapped accessibility modifications are also eligible.

Call 870-3132 for more information about the program. The Town of Ellington complies with all fair housing and civil rights laws. People requesting translation services or needing special assistance will be accommodated.

Patricia Grundman, Children's Librarian  
870-3160

Susan Phillips, Library Director  
870-3160

## YOUR CHILD'S FIRST LIBRARY CARD

Beginning in January, 2007 Hall Memorial Library welcomes all 5 year old residents of Ellington to sign up for a library card. Previously this opportunity was only offered to children in first grade or above. But now as your child turn 5 years old, you may bring them to the library to get their first library card. There is even a special gift for your child when they get their first card.

Hall Memorial Library wants to ENCOURAGE ALL READERS, but we are especially excited about BEGINNING READERS! We hope that by having their own library card, children will check out many books that will help them practice this wonderful skill. It's a skill that will serve them their whole life.



## PRESCHOOL STORY HOURS

Hall Memorial Library will hold story hours for preschool children beginning Tuesday, February 6 through April 13, 2007. Story Hours for 2 ½ year olds accompanied by an adult, will be held each Friday from 10:15 to 10:45. Story Hours for 3-5 year olds will be held each Tuesday from 10:15 to 11:00 and each Wednesday from 1:00 to 1:45. Preschool story hours are led by the Children's Librarian. They will include age-appropriate stories, finger plays, songs and movement activities. Registration for these programs will be held beginning Monday, January 22, 2007.

Books and Babies programs will run February 5 through February 26, 2007. This program for babies 9 months to 2 ½ years will be offered on Mondays and Wednesdays from 10:15 to 11:15. The Children's Librarian will lead parents in reading board books and singing songs at the beginning of each session. The remainder of the time, children will have playtime and parents will have time to share experiences with one another. You may choose the day that best fits your schedule. Registration is required and will begin January 22, 2007. You may register at the library or by phoning the library at 870-3160. All library programs are FREE and open to the public.

For more information please call the library.

## WI-FI at HML

### (Wireless Internet @ Hall Memorial Library)

Effective January 1, 2007, the Hall Memorial Library will have wireless internet access available for patrons to use with their own laptops in the Reference Area. For security, a library card will be required to login. This great new service is funded by the Friends of the Library.

## AND THE SURVEY SAYS...

Thanks to all who took the time to help the library with their planning efforts by filling out the resident survey. It appears that the majority of residents are happy with current library services. Some new ideas were expressed and will be considered as the planning process progresses. Additional comments and suggestions are always welcomed, but are especially useful during this project, that will be completed in early 2007.

## DOWN LOADABLE AUDIO BOOKS

Beginning in February, Ellington library card holders will have access to downloadable audio books. The collection is being built through a collaborative project with other libraries in our consortium and will contain both new and classic titles. Instructions and the link to access the collection will be on the library website at [www.biblio.org/ellington](http://www.biblio.org/ellington).

## MUSEUM AND LOCAL ATTRACTION PASSES

Passes to museum and local attractions may be borrowed for 2 days on any valid library card. If available, a pass may be reserved for pickup within 24 hours. If checked out, the pass may be reserved for notification when returned. No advance reservations. The following passes have been generously paid for by The Friends of the Hall Memorial Library:

- ◆ Connecticut Trolley Museum
- ◆ Dinosaur State Park
- ◆ Lutz Children's Museum
- ◆ The Mark Twain House & Museum
- ◆ New England Air Museum
- ◆ Yale Peabody Museum
- ◆ Roger Williams Park Zoo
- ◆ Science Center of CT

For a complete list of museum and local attractions, visit the Hall Memorial Library website at [www.biblio.org/ellington](http://www.biblio.org/ellington)



# ELLINGTON RECREATION DEPARTMENT

## 2007 WINTER PROGRAM FLIER



**Address:**  
31 Arbor Way/P.O. Box 187  
**Email:** [recreation@ellington-ct.gov](mailto:recreation@ellington-ct.gov)

**Office Hours :**  
Monday 8:30 am-6 pm Friday 8:30 am-1:30 pm  
Tuesday-Thursday 8:30 am-4:00 pm

**Phone:** (860) 870-3118  
**Fax:** (860) 870-3198  
**[www.ellington-ct.gov](http://www.ellington-ct.gov)**

### General Information

In the event of snow or bad weather, the Recreation Department will put all program cancellations on our website [www.ellington-ct.gov](http://www.ellington-ct.gov) or television. Tune into Channels 3, 30 and 8 to check if there is a cancellation which will be listed under 'Ellington Recreation Department. We reserve the right to limit class size and to cancel classes failing to meet minimum requirements. Ellington residents are given preference for all programs during the first week of registration.

**Registration:** All Registrations are currently being accepted in the Recreation Office by computer entry during regular office hours (see hours above) or through our online registration program via the Town's website ~ [www.ellington-ct.gov](http://www.ellington-ct.gov) (see below).

**Payment:** Registration is not considered valid until the program fee is paid in FULL. We accept checks and cash [credit cards\* for online registration only]. Make checks payable to the TOWN OF ELLINGTON.

- **Non-Residents:** Add \$5/program/participant.
- **Refunds:** Refunds are given only prior to the start of classes or if we cancel the program. Requests for refunds must be in writing and are subject to a \$3 processing fee.

**Sponsorship Opportunities:** Ellington businesses continue to support the Town of Ellington Recreation programs, as well as promote their respective businesses. Opportunities for sponsorship include sponsoring athletic teams, taking out an advertisement on the outfield fence on the Lisa M. Monti girl's softball field, sponsoring an event or program. Contact Bob Tedford at the Recreation Office (870-3118) if you would like to discuss the possibilities.

**ADA Statement:** The Recreation Department complies with the Americans with Disabilities Act (ADA) prohibiting discrimination on the basis of disability. ADA requires that recreation programs be implemented in the most integrated setting possible, appropriate for each individual. Persons with disabilities are encouraged to contact the Recreation Department regarding any accommodations needed to assist with participating in, and the enjoyment of, any program or event.

**Insurance:** All persons participating in Ellington Parks and Recreation Programs should carry their own personal health insurance. The Town of Ellington is not responsible for personal injuries. Participants in Recreation Department-sponsored programs do so at their own risk. Only those enrolled in the program may attend. Sorry, children will not be allowed in the classroom or gymnasium during adult programs, and siblings must remain seated and not disturb youth classes.

**Employment Opportunities:** The Recreation Department employs part-time personnel for various seasonal positions including Waterfront Staff, Day Camp Staff, Referees, Umpires and Instructors who can share their special skills with the community. Pick up an application at the Recreation Office ~ 31 Arbor Way.



### Online Registration

The Ellington Recreation has implemented a new, convenient online service that will enable participants to identify their interests and sign up for programs and activities within the designated registration periods. As our Town continues its rapid growth, we look forward to meeting the needs of our community through convenient services that alleviate long lines and travel during business hours. By making online registration services for classes, programs and activities available 24/7 via the Internet, the department can reallocate staff time to increase services and reduce the paperwork required to process registrations. Signing up for programs is simple, fast and convenient. The community can search for activities; view program details, schedules and availability; register in just minutes; and pay online with a credit card, when and where it's most convenient for them. As an added convenience, registrants will receive an e-mail immediately following an online transaction to confirm their enrolment in a program.

Registering is EASY! To access the Recreation Department's new online service, please visit the Town of Ellington's website at [www.ellington-ct.gov](http://www.ellington-ct.gov), select 'Town Services'; select 'Parks & Recreation' or call 870-3118 for more information.

\*Note: A service fee will be applied when using a credit card.

CLASS	ID CODE	DATES	TIME	AGES	FEE	LOCATION
Men's Volleyball	0202.502	Tuesdays Jan. 18 - March 15	7:30-9:30 pm	18 + up	\$10	Windermere School
Women's Volleyball	0203.503	Wednesdays Jan. 17 —April 11	6:15-7:30 pm	18+ up	\$10	Windermere School
Co-Ed Volleyball	0204.504	Wednesdays Jan. 10—April 25 (CLOSED 4/18/07)	7:30-9:00 pm	18+ up	\$10	EMS
Men's Informal Basketball	0205.503	Monday Evenings Jan. 8—April 9	5:00-6:45pm	Under 30	\$10	Windermere School
	0205.504	Jan. 8 thru June 4 (minus holidays)	5:30-8:30pm	Over 30	\$10	Middle School
Tennis Lessons Adult Beginners (Indoor Lessons)  Instructor: Rich Willis	0205.402	Session 1: March 1,8,15,22	7:00-8:00pm	Adult Beginner  (AGES 14 AND UP)	\$30	EHS or EMS
	0205.403	Session 2: Mar. 29; April 12,19,26	7:00-8:00pm			
Tennis Lessons Adult Intermediate (Indoor Lessons)  Instructor: Rich Willis	0205.404	Session 1: Mar. 1,8,15,22	8:00-9:00pm	Adult Intermediate (AGES 14 AND UP)	\$30	EHS or EMS
	0205.405	Session 2: Mar. 29; April 12,19,26	8:00-9:00pm			
Cardio Tennis Workouts - involve increasing your heart rate to up to 80 % of maximum and maintaining the rate for 30-45 minutes. Par-Q form will be required prior to the starting program.	0205.406	Session 1: April 27; May 4, 11, 18  <b>(max enrollment 8)</b>	6:00-7:00pm	18 years plus	\$30	Brookside Park ( or indoors if inclement weather)
High School Tennis Players (Players must provide their own racquet, sneakers and transportation to practices)	0301.101	Play begins in April; Practices will be held in Somers, CT	2:15pm	Grade 9-12  Boys & Girls	\$100.00 includes uniforms transport to Matches	Somers High School
Adult Competitive Basketball	0109.501	Play begins Jan. 11	7:30-10 pm	18+ up	Team Fee	Middle School
Women's Informal Basketball	0110.501	Monday Evenings Ongoing thru April 9	7:15-9:00pm	18+ up	\$9	Center School
Adult Indoor Soccer Co-ed	0112.401	Jan. 10, 17, 24, 31 Feb. 7, 14, 28 March 7, 14, 21	7:30-9:30 pm	18 & up	\$15	Windermere School

**Adult Flag Football:** The Recreation Department is taking registration from individuals interested in joining a Spring adult flag football league or informal scrimmages. Players must be 18 years of age or older. Projected start-up date is the last week of April 2007. Contact the Recreation Department with name, address and phone if interested.

ACTIVITY	ID CODE	DATES	TIME	AGES	FEE	LOCATION
Tiny Tot Indoor Tennis Lessons	0508.402 0508.403	Session 1: March 2, 9, 16, 23 Session 2: March 26; April 2,9,13	5:45-6:30pm	3-5 years	\$30	Windermere School
Pee Wee Indoor Tennis Lessons	0509.402 0509.403	Session 1: March 2,9,16,23 Session 2: March 26;April 2,9,13	6:30—7:15pm	5-7 Years	\$30	Windermere School
Youth Indoor Tennis Lessons	0510.401 0510.402	Session 1: March 2,9,16,23 Session 2 ; March 26; April 2,9,13	7:15—8pm	8—13 years	\$30	Windermere School
Youth INDOOR CO-ED Soccer	0301.101	<b>Winter Session:</b> Jan. 2, 9 , 16, 23, 30; Feb. 6, 13, 20, 27	7:30-9:30pm	Grades 7-12	\$10	Middle School
Youth INDOOR CO-ED Soccer	0301.102	<b>Spring Session:</b> March 6, 13, 20, 27; April 3, 10	5:45-6:45pm 6:45-8:00pm 8:00-9:15pm	Grades 3-4 Grades 5-6 Grades 7-8	\$15	Middle School
Woodworking / Home Maintenance Seminar Instructor: Keith Tautkus	0302.101	March 6 <b>Parent must accompany 14-18yrs</b>	6:30-8:30pm	Ages 14 and up	\$10	Ellington High School <b>(park in back lot)</b>
Fashion Design & Illustration	0519.403	February 21 & 22 <b>(fee includes materials)</b>	12:30-2:30pm	Ages 12 -15	\$20	Middle School
Belly Dancing 101	0533.101 0533.102	Session 1: Jan.10,17, 24,31 Session 2: Feb. 7,14, 21,28	7:00—8:00pm	18 & Up	\$40 per session	Middle School
Young Actor's Workshop	0520.403	Session 1: February 22 <b>(Fee Includes materials)</b>	2:30-4:30pm	Ages 9-13	\$20	Middle School
General Auto Safety/ Repair / Maintenance	0303.101	March 13 <b>Parent must accompany</b>	6:30-8:30pm	Ages 15 and up	\$5	Ellington High School <b>(park in back lot)</b>
Youth Volleyball (co-ed)	0120.402	Feb. 7,14,21,28; Mar. 7,14,21,28	5:30-6:45pm	Grades 5 thru 8	\$15	Windermere School
High School Volleyball	0120.403	Jan. 3,10,17,24; Feb. 7,14,21,28; Mar. 7, 14, 21	7:30-9:00pm	Grades 9-12	\$15	Windermere School
Puppetry for KIDS	0520.405	February 21	2:30-3:45pm	Ages 4—6	\$15	Middle School
Music & Movement for Tots! (minimum of 6 needed to run program)	0511.403	Session 3: April 4,11,18,25 May 2,9,16,23 \$60(8 week class) <b>(Non-residents + \$5.00)</b>	10-10:45am	Ages 1-3 years	\$65	Arbor Commons 1

**High School Tennis Camp:** A comprehensive 3–day program to focus on stroke production, serving and net play as well as game strategy for singles and doubles. The camp will focus on the recreational player who wants to move his/her game to the competitive level, and the competitive player looking to elevate his/her game to the next level. Contact the recreation dept. for more information @ 870-3118.

ACTIVITY	ID CODE	DATES	TIME	AGES	FEE	LOCATION
Women's Self-Defense	0503.402	February 26	6-7:15 pm	12 + up	No Fee	Center School
Jukido Thursday Evenings	0504.403 0504.404	Session: # 3 January 11,18,25; Feb. 1,5,15 Session # 4 March 1, 8, 15, 22, 29 ; April 12	5:30-6:45 pm	6 + up	\$35 per session	Windermere School Gymnasium
Adult Jazz Classes Adult Tap Dance Classes (Min. 8 to run classes)	0507.403 0506.404	Session 3: Jan. 8, 22,29; Feb. 5,12, Session 4: Feb. 26; March 5, 12,19,26;	6:45-7:30pm 7:30 - 8:30 pm	18 & up	\$30 per session \$38 per session	Windermere School Gymnasium
Register for both classes and pay only <b>\$58.00</b>						
<b>Blood Borne Pathogens (Min. 6)</b>	0505.403 0505.404	Session 1: Feb. 1 Session 2: Feb 8	5-6pm	<b>All Rec. Coaches</b>	No Fee	Arbor Commons 2
<b>CPOHEART</b> Child & Babysitting Safety Course	1004.404 1004.405 1004.406	Session 4: January 23 & 24 Session 5: February 5 & 12 Session 6: February 21 & 22	3-6pm 3-6pm 1-4pm	11-15 yrs Boys & Girls	\$45 per session	Arbor Commons 2
<b>NYSCA</b> Coaches Clinic	0507.403 0507.404	Session 1: Feb 1 Session 2: Feb. 8	6pm-8:30pm	<b>All Rec. Coaches</b>	No Fee	Arbor Commons 2

**Basketball/Softball/Lacrosse Officials:** The Recreation Department is currently training NEW basketball officials and will be providing future training to individuals wishing to officiate in either recreation softball or lacrosse contests. Pre-register by calling the Recreation Office at 870-3118.

**Women's Self-Defense:** Instructor Todd Sise who will teach and demonstrate self-defense techniques. Good program for mother/daughter! Designed to provide for instruction in the basic self-defense format that may help in day-to-day life. The program will cover many items that are acceptable and non-acceptable to being prepared for one's self-preservation!! Highlighting tips on things to avoid, misnomers on self-defense and what women can and "cannot" do!!

**Jukido Jujitsu:** is a realistic approach to self-defense. Instructor Todd Sise is a 2<sup>nd</sup> degree black belt in Jukido Jujitsu and certified instructor of self-defense. Learn self-defense and self-esteem in a fun and relaxed environment from a well-established martial arts system!! No contracts, no hidden fees, no uniform requirements, join class at anytime during a session. Classes will accommodate all skill levels. Jukido is a Japanese style of Jujitsu. It is traditional in the sense the Jukido's techniques are drawn from many of the oldest martial arts in the world! Jukido emphasizes self defense through hard work, self-discipline and self-esteem. Jukido is a great family activity.

**Tap & Jazz Dance:** Instructor Tressa Giordano will demonstrate why TAP & JAZZ are a great way to improve coordination and balance while working out your heart and muscles. Learn the basics and put it all together via fun and exciting dance combinations. Listen to music from the 50's, Big Band, Broadway and much more!!



## *Ellington Recreation Department & Vernon Lanes present...*

### **Special After School Mini 6-Week Bowling Program**

#### **Grades 1-8**

**March 6, 13, 20, 27; April 3, 10 2007 (Tuesdays)**

***Bus transportation provided to Vernon Lanes from the following schools: Center, Crystal Lake, Windermere and Ellington Middle Schools. Parents will be responsible for picking up their children at the Vernon Lanes.***

**Cost: \$65** includes 1-1/2 hours of bowling, shoe rental, transportation to Vernon Lanes and free pizza party at end of program. A flyer will be sent out the 1st week of February with further information. Call Mary at the Recreation Department—870-3118. Use the following ID Codes:

**Center School 0516.501 ~ Windermere School 0516.502 (grades k-6) ~ Crystal Lake School 0516.504 ~ Middle School 0516.503**



## Ellington Little League Baseball 2007 Registration Information



### Baseball Bash for players 7—10 years old

**Date:** March 24, 2007 **Time:** 9:30am-12noon **Place:** Ellington Middle School

**Free Skills Clinic**
**Games**
**Prizes**

To register for the Baseball Bash, e-mail [ellingtonLL@sbcglobal.net](mailto:ellingtonLL@sbcglobal.net)

*We are in need of Volunteers for help with field projects, coaching, registrations, web site updates, program development, fundraising, equipment, umpiring, opening day activities and end of year picnic. Please contact Jeff at [ellingtonLL@sbcglobal.net](mailto:ellingtonLL@sbcglobal.net). Visit our web site [www.eteamz.com/ELL](http://www.eteamz.com/ELL)*

### Little League Baseball Registration

<u>Sign Up Dates:</u>	<u>Time</u>	<u>Location</u>
Feb. 3 Saturday	9:00am—12noon	Ellington High School Cafeteria
Feb. 7 Monday	5:30 pm—8:00pm	Ellington High School Cafeteria
Feb. 11 Saturday	9:00am—12noon	Ellington High School Cafeteria

**Note:** FIRST TIME PLAYERS must bring a BIRTH CERTIFICATE to registration!!

**Returning players do not need their Birth Certificate**

### Major League Tryout Dates

<u>Age Group</u>	<u>1st Tryouts-Indoors Middle School March 28—Thursday</u>	<u>2nd Tryout-Outdoors Brookside Park March 31—Saturday</u>	<u>Rain Date Brookside Park April 1— Sunday</u>
12 yr olds	7:00-8:30pm	10:00-11:00am	1:00pm
11 yr olds	7:00-8:30pm	11:00-12:30pm	2:00pm
10 yr olds	5:30-7:00pm	12:30-2:15pm	3:15pm
13-14 yr olds	N/A	11:00-1:00pm	1:00pm

### Farm/Minor Leagues—No Tryouts

**League Director & Coaches will place the players on teams.**

The Ellington Little League Program is an all-volunteer organization governed by a 15-member Board of Directors. The league is affiliated with Little League, Inc. and follows the rules and guidelines set forth by the National Organization in Williamsport. We are not affiliated with the Ellington Recreation Department.

If you have any questions, please contact: Rich Della Penna, Instructional League Director - 871-6392

If you are interested in helping with CONCESSIONS, please contact [ellingtonLL@sbcglobal.net](mailto:ellingtonLL@sbcglobal.net)

**WE NEED UMPIRES— Please contact [ellingtonLL@sbcglobal.net](mailto:ellingtonLL@sbcglobal.net)**

**Boys Pre-Season Baseball Clinics:** Clinician Keith Tautkus, Varsity Baseball Coach @ EHS will conduct pre-season Baseball Clinics using a state of the art computer program to evaluate hitting, pitching, & techniques. Both clinics will be held at the Ellington High School from 6:00 pm-8:00 pm. Cost: \$25.00 **Minimum 12; Maximum 15 to enroll per age group**

Grades 3 & 4	ID Code: 0506.101	February 22 & 23
Grades 5 & 6	ID Code: 0506.102	March 8 & 9



# Ellington Little League Girls Softball 2007 Registration Information



## Softball Registration Dates

## 2007 Softball Evaluation Clinic

Dates	Time	Place
Saturday Feb. 3	9:00am-12noon	Ellington High School Cafeteria
Wednesday Feb. 7	5:30pm-8:00pm	Ellington High School Cafeteria
Saturday Feb. 11	9:00am—12 noon	Ellington High School Cafeteria

FEEES

ROOKIE & MINORS: (league age 7-10) \$50.00  
 MAJOR/ JUNIOR / SENIOR: (league age 11-16) \$60.00

The fees listed cover ongoing expenses necessary for the league to run the program. All families are requested to participate in fundraising activities.

**Make checks payable to:**

**ELLINGTON LITTLE LEAGUE GIRLS SOFTBALL**

Families with two or more softball players will receive a \$5.00 reduction per child.

.....  
 •••••  
 •••••  
**First 50 girls registered will be entered in a drawing for a chance to WIN a**  
 •••••  
**\*\*FREE\*\* 2007 Registration**  
 •••••  
 .....

Registration forms will be mailed in mid-January to all returning players who are eligible for 2007. Parent/legal guardian must bring completed forms along with payment to one of the registration dates. First year players are required to provide an original Birth Certificate at time of registration.

**SAVE THE DATE: Opening Day ~ April 28th**

League Age 9—12 ONLY  
 Saturday, March 24  
 Ellington High School

Minors    9-10 yr olds: 8:30 am —10:00 am  
Majors    11-12 yr olds: 10:30 am—12:00 pm  
Jr./Sr.    13-16 yr olds: Evaluation date will be determined once registration is complete.

Rookies    7 & 8 year old: **NO EVALUATION**;  
 league coaches will select their teams.

**Note:** *A second evaluation clinic may be scheduled if primary date of March 24th is determined to not meet the needs of the league. All pitchers & catchers will be expected to attend a separate evaluation clinic.*

**Important Information:**

- A player's placement is based on age, not grade level, as of December 31, 2006.
- Players league age 9—12 may request to tryout to play in a higher division but **MUST** attend both evaluation clinics. Placement is based on:  
 1. Safety, 2. Skill Level and 3. Available Roster Space.
- Requests for team placement cannot be guaranteed.
- Practices will begin when weather conditions allow for proper pre-season maintenance of the softball fields.

*Come dressed appropriately with sneakers and your glove. No Bats are needed.*

Attention Parents & Coaches: Pre-Season Coaches Clinic is planned for a weekend date in April.

**Volunteer Opportunities**

Volunteers are needed for:

- Umpiring Major League Games
- Coaching
- Registrations
- Concession Stand



If you are interested in helping out, please contact

**Lori Savino @ 871-7703**

**\*Umpires are NEEDED, please contact  
 Bob Tedford @ 870-3118**

**Girls Softball Pre-Season Clinics  
 Back by popular demand CT Bombers Clinic  
 Tentative Date: Saturday, March 10th  
 @ Windermere Gymnasium**

**This Fundamentals Clinic is being offered to players ages 8-10.  
 Fee: \$10.00**

*(Other clinics to be scheduled in March for all other age groups.)*

**All clinics have limited space and registration will be offered during registration on a first come—first serve basis.**

**Don't Miss Out!!! Sign Up EARLY.....**





**Vacation Camp:** The Recreation Department will sponsor the FEBRUARY VACATION CAMP ON FEBRUARY 20, 21 & 22 for children in grades 3 through 8. The camp will be held at the Middle School. The camp's daily schedule will include passive and non-passive activities, crafts, sports, music, movies, special events (science experiments), nature/hikes and possible sledding!! Campers should bring outdoor clothing and a bagged lunch. Refreshments / Drinks will be provided, both morning and afternoon. Fee: \$70 for All 3 days, \$25 a day and a \$10 reduction for a second child when registering for All 3 days. *Before Care & After Care will be provided, additional fees required. ID Code 1601.101*

**Summer Day Camp:** The full day and half day SUMMER CAMP programs offered in 2006 proved to be extremely popular and enjoyable for the children that had the opportunity to make new friends, renew existing friendships and enjoy the company of an energetic Camp Staff!! In order to expand the type of offerings (day trips, special events) the Recreation Department NEEDS to receive feedback from the residents as soon as possible. Day trips will require a slight fee increase to accommodate any transportation. Please take time to respond as soon as possible—[rtedford@ellington-ct.gov](mailto:rtedford@ellington-ct.gov) or [mbartley@ellington-ct.gov](mailto:mbartley@ellington-ct.gov) or office # 870-3118. A master e-mail list will be compiled from those responding which will allow for an all-points mailing with updated information. **Tentative Start: June 25, 2007.**

### Field TV Production Workshop

♦ **Teens ~ Ages 13– 18:** 3 sessions, 2 1/2 hours each.

Participants will learn to make a TV show on location using cameras, tripods and audio equipment. The concept of this program is to eventually begin filming town-wide activities offering PEG access Channels 5 or 17 shown on the Comcast Cable Basic Tier.

### Parent & Child Studio Production Workshop

♦ **Ages 8—11:** 3 sessions, 2 1/2 hours each.

Participants will learn how to make a TV show in the Community Channel Studio. Children and Parents learn how to run cameras, do graphics, audio and direct talk show programs.

♦ **Ages 18 + Over:** The Recreation Department's intent is to be able to bring together adults who are interested in TV production with students, to work together in creating community-wide TV programming.

Sessions will begin in late January Training will be provided by the Community Voice Channel, located at the CVC Studios, 105 Notch Road, Bolton, CT. Fee: n/a **ID Code : 08130.403**

## CO-ED SOFTBALL

### **INDOOR and OUTDOOR**

**18 years of age and older**

Are you interested in playing Women's and/or Co-Ed Softball in Town? Skill level or prior experience does NOT matter. The goal is to provide for a recreation opportunity and to have fun together. The possibility exists of providing some pre-season indoor practice times during the month of April. Contact the Recreation Office via e-mail: [rtedford@ellington-ct.gov](mailto:rtedford@ellington-ct.gov)

## Special Recreation Dept. Ski / Snowboard Trips!

Pre-registration required for all trips.

Winter 2007 Day/Evening Ski Trips



**Mt. Southington Ski Area**

**January 21; February 4, 17**

**11:00 AM-5:00 PM (Sat. / Sun.)**

**(depart Ellington 10:00 AM, arrive back 6:15 PM)**

**February 23 – Fri. Night 6:00-10:00 PM**

**(depart Ellington 5:00 PM, arrive back 11:15 PM)**

**Registration Information:** ID Code 0804.102

Registration begins immediately. In order for the program to be held a minimum of 30 skiers will be required to cover the expenses of the lift ticket and transportation. A final determination will be made 3 days prior to each printed date in regard to weather conditions and actual enrollment/paid registrants. **NO REFUNDS** (unless mitigating circumstances prevail). Fee cannot be prorated. Passes cannot be transferred to another skier or snowboarder. Pre-Registration is required at the Recreation Office (31 Arbor Way) and **FULL** payment is required at time of registration. Ages 7 to 11 require adult supervision. Minimum age for ski lessons: 7; minimum age for snowboard lessons: 9.

### FREE SKIING FOR CHAPERONES

**Mt. Southington Ski Area**

**Group Rates:**

**Bus Fee: to be added, will be approximately \$12 per person.**

	<b>Adults-Day (Ages 13 &amp; UP)</b>	<b>Youth-Day (Ages 6-12)</b>	<b>Fri. Night (Ages 6 &amp; UP)</b>
Lift only	\$31	\$27	\$20
Ski lift & lesson	\$50	\$45	\$37
Ski lift & Rental	\$55	\$51	\$39
Ski lift/Lesson/Rental	\$65	\$60	\$41
Snowboard Lift & Lesson	\$50	\$45	\$38
Snowboard Lift & Rental	\$60	\$55	\$44
Snowboard Lift/Lesson/ Rental	\$65	\$60	\$56

**Please contact Recreation Dept @ 870-3118 for more information.**



The Recreation Department will offer pre-season (indoor) and spring ( outdoor) lacrosse programs for the following grade levels: Grade 3rd & 4th Boys /Girls; Grades 5th & 6th Boys/Girls and Grades 7th & 8th Boys/Girls.

**The pre-season (indoor) clinic dates and times are as follows:**

**Dates:** March 9,16, 23, 30      **Time::** 5:30—7:00 pm Boys Grades 3-8 ID 0501.402  
 7:15—8:45 pm Girls Grades 3-8 ID 0501.403  
**Location:** Ellington Middle School  
**Fee: \$45.00** Equipment to be provided: Eye protection, T-shirt and lacrosse practice ball.  
**Staff:** Experienced lacrosse coaches from both the travel and high school ranks.

*\* Pre-Registration Required For All Programs & Clinics.\**

**Spring 2007 Outdoor Season Registration:**

The Recreation Department must provide and accurate team enrollment numbers to league officials in order to become part of the league schedule. Pre-Registration is required by the third week of January in preparation for the spring outdoor season. Ellington will be entering teams in the area Lacrosse league and will be competing against Vernon, Granby, Somers, Tolland, etc.

**Fee:** Girls/Boys: \$35.00 League Fee

*Payable to the Parks and Recreation Dept. at the time of registration*

**Equipment Package:** separate purchase information will be provided at time of registration.

**Coaches Clinics:** Individuals wishing to become assistant coaches in the 2007 Spring Program should contact Bob Tedford at 870-3118. A special introductory clinic to be held March 1 @ Recreation Department from 7:00-9:00pm.

**Additional Information may be secured for the girls at either the Recreation Dept. or call Tom Stauffer 875-9148 or e-mail [tpstauffer@aol.com](mailto:tpstauffer@aol.com)**

Regular Pre-Season and Outdoor Season (weather permitting) will be from approximately late March through First week of June.

**Group Fitness Classes:** Pre-registration is required. Full payment is required at time of registration. No credits unless documented illness or mitigating circumstances.

**Town of Ellington Fitness Policy**

- All participants must complete registration forms and a *Physical Activity Readiness Questionnaire (PAR-Q)*. A physicians referral may be required before participation.
- Children 14 years and older are welcome with a participating adult.

**Kripalu Yoga**

Thursdays

6:30-8:00pm

Hall Memorial Library

An athletic flowing, challenging practice that emphasizes breath, core strength and concentration. Learn about the links between movement and breath, soothing poses, and flexibility and strength. This class brings health to the mind, body and spirit.

**Session #3:** ID Code 0119.404  
Jan. 4,11,18,25; Feb. 1,8

**Session #4:** ID Code 0119.405  
Feb.15,22;March 1,8,15,22

**Fee:** \$40.00 per session

**Instructor:** Wayne Morganson



**Pilates**

Mondays

7:30-8:30pm

Center School

With an emphasis on breath, core conditioning and body awareness, Pilates exercise is a safe and effective way to stretch, strengthen and streamline your body. The perfect complement to cardiovascular exercise. Bring a sticky mat, water bottle and stability ball.

**Session # 3:** ID Code 0117.403  
Dec. 4, 11, 18; Jan. 8, 22, 29

**Session # 4:** ID Code 0117.404  
Feb 5,12,26; March 5,12,19

**Fee:**\$35.00

**Instructor:**Joanne Britton



**Fitness Fusion**

Wednesdays,

7:30-8:30pm

Center School

Lots of high-energy cardio intervals blended with multiple muscle group toning. Nearly a solid hour of continuous movement, this program is sure to build strength and improve endurance—with zero opportunity to get bored. All fitness levels welcome. Bring mat, water bottle, stability ball and two sets of dumbbells (5# and 8# OR 8# and 10#)

**Session # 3:** ID Code 0118.4032  
Dec. 6,13,20; Jan. 3,10,17

**Session # 4:** ID Code 0118.4404  
Jan. 24, 31; Feb 7, 14,28; March 7

**Fee:** \$40.00 per 6 week session

**Instructor:** Joanne Britton



## 2007 Spring Outdoor Youth Soccer

The Recreation Department will offer an outdoor soccer program for boys and girls based on current CT Junior Soccer Association age/birth date guidelines. Based on enrollment and evaluation submittals of the respective coaches, teams may be formed in following age groups:



U-16 Boys and Girls  
 U-14 Boys and Girls  
 U-12 Boys and Girls  
 U-11 Boys and Girls  
 U-10 Boys and Girls  
 U-9 Boys and Girls (In House)  
 U-8 Boys and Girls (In House)  
 U-6 Boys and Girls (In House)



Placement will be determined by skill level, age compatibility and available roster space. The Recreation Department will make the final determination regarding a player's placement to a respective age level; a player may attend evaluation clinics at an age group higher than his/her current age, but cannot attend an evaluation clinic at a lower age division.

### Registration Guidelines

First year player must submit a copy of his\ her birth certificate and a photo(1x2) for use on a player pass. Parent: If your child played CJSA in the Fall of 2006 you do not have to resubmit this documentation. If on file we will use the copy of your child's birth certificate when assembling a player pass.

### Fees:

\$25.00 ~ U-10-U-14

\$20.00 ~ U-9 ,U-8, U-6 In-house Program

**In- House Program:** Ages 4,5,6,7,8, All training sessions will be held in Ellington, starting date and time frame will be predicated on final enrollment. When registering your child please indicate which days are acceptable. Weeknights? Saturday or Saturday Mornings? ***In—House Players Do Not need to submit a Birth Certificate or Picture.***

The Northeast District offers different levels of play for various age groups:

Evaluation Clinic Dates: Between March 28 and April 11

- 1) Division 3, 4 and 5 for U 12 and U 14 Divisions
- 2) Division 4 and 5 for U10 Boys and Girls

Players and/or Teams will be formed based on the Coaches evaluations relative to the final enrollment.

## Beginners Coaching Soccer Clinics

### **For Individuals seeking to become coaches for the spring & fall soccer seasons.**

Individuals seeking to enter the coaching ranks or just wishing to increase their knowledge of the game of soccer will now have that opportunity as the Recreation Department will offer a series of coaching clinics designed to assist the novice or intermediate with improving his/her grasp of the game of soccer. Three (3) clinics will be provided and the following curriculum will be covered.

- ***Session 1: Individual ball skills emphasizing ball control, dribbling, juggling and trapping.***
- ***Session 2: Advanced skills emphasizing passing, shooting and one on one defending.***
- ***Session 3: Practice drills to emphasize individual and team skills, games and drills to develop all aspects of play.***

Coordinating the clinic will be Mike Pantuosco. Mr. Pantuosco has been active in the sport of soccer as a participant and coach for over 30 years. As a three-year member and starter on the Babson College squad, Mike had the good fortune of being on an NCAA Championship Team. Coach Pantuosco has a knack for teaching the finer points of the game, and encourages all novice and interested youth and adults to register as soon as possible. The clinics will be designed so coaches can adapt their practices to the age or grade level being taught at the time. Dates for the clinics are not finalized, pending final registration, however, mid-March is the target date. Contact the Recreation Office @ 870-3118 immediately to register .

**There is No Fee for the clinics.**

### **Boy's Informal Basketball ~ Grades 9-12 Practice: Friday Evenings ~ 7:15-8:45pm Starts January 5, 2007 Center School ~ Fee: \$15**

Bob Vaida serves as Program Supervisor. Pre-registration is required at the Recreation Office. Scrimmages are held in-house and attempts are underway to schedule games with surrounding towns.

### **Girl's Informal Basketball ~ Grades 9-12 Friday Evenings 6:00-7:15pm @ Center School Starts January 5, 2007 ~ Fee: \$15**

Scrimmages are held in-house and attempts are underway to schedule games with surrounding towns. Pre-Registration required through the recreation department.

Youth Services Programs  
Diane Lasher-Penti, Director ~ 870-3130

**Internet Safety Night**

**Friday, January 26 @  
7:15pm  
Ellington High School**



Important information ALL parents should know will be presented by Connecticut State Troopers. The Troopers will be offering their expertise on many different areas of internet safety for teens. Topics will include MySpace pages, AIM, LiveWire and more. This presentation will give you a better understanding of how parents can assure their child's safety while on the internet. For Ellington High School parents, drop your student off for the dance and stay for the presentation. **All Parents Welcome!!!**

*Sponsored by DAPC*

**CHOICES**

**3rd & 4th Boys and Girls  
ID Code: 1202.403**

The children will have FUN and enriching time while strengthening essential life skills. The skills being focused on will be: communication, gaining self confidence, control and dealing with emotions, learning how to appropriately express yourself and leadership. **The boys group will start in January; girls group will start in March.** Please look for the flyer coming home through the schools for further details.

**The Journey Adventure Program**

**6th Grade After-School Program  
Spring Session begins May 15  
ID Code: 1202.404**

Life itself is a "journey" and can be a great "adventure"...It's what we make of it and what "tools" we have to get through it! Journey was created to help kids learn more about themselves and how to get through some of life's challenges. In class they will attain skills such as: respect for themselves and their surroundings, relaxation techniques, dealing with peer pressure, an increase in awareness of differences in others, manifesting their goals, what to do about people who bully, and daily fun interactive games!

***We are presently looking for Adult Facilitators for this program; please contact Chantal @ Youth Services 870-3130.***

**Drug Abuse Prevention Council Seeking Parent Volunteers:**

DAPC is looking for volunteers for a parent action committee to assist in the strategic planning and implementation of the coalition of Prevention of Underage Drinking grant. DAPC was awarded a \$255,000 grant for three years to prevent underage drinking and DUI in the Town of Ellington and needs community members to help make some needed changes. *Please contact Debbie Stauffer at 875-9148 or Diane Lasher-Penti (Ellington Youth Services) at 870-3130 if you are interested.*

**Hiring High School Tutors for 5th & 6th Grade Homework Club**

High School students must be in good academic standing, and be able to commit to working Tuesdays after school from mid-January until the end of May. The program is held at Windermere School. For further information please contact Diane @ Youth Services 870-3130 or dpenti@ellington-ct.gov



**HOT SHOT BASKETBALL  
SHOOTING CONTEST**

**Sunday, January 28 @ EMS 1-4 pm Fee: \$3/player  
Ellington Middle School ~ Pre-register by 1/19/07**

<b>Time Frame</b>	<b>1-2pm</b>	<b>2-3pm</b>	<b>3-4pm</b>
<b>Age groups:</b>	<b>9-10</b>	<b>11-12</b>	<b>13-15</b>
<b>ID Code:</b>	<b>0802.401</b>	<b>0802.402</b>	<b>080.403</b>

Each player will have one minute to shoot from designated "hotspots" placed on one-half of the court. The contest challenges a player's speed, shooting, dribbling and rebounding ability. The top scorer moves on to the next level of the contest within Tolland County, and ultimately qualifies for State level qualification. Age corresponds to the age of the child on or before Dec. 31, 2006.

**A Parent/Child portion will also be scheduled.**

**2007 DICK GUNN AND CLARE LANDMANN BASKETBALL TOURNAMENTS**

It's that special time of the youth basketball season when the Town of Ellington recognizes two long-time volunteers (Dick Gunn and Clare Landmann) for their many years of loyal support to the Town's recreation growth, from both a program and athletic facility standpoint. Tournament brackets will be posted on the Parks & Recreation website once the exact dates and time frames have been established. Even if you do NOT have a child that participates in any of the leagues, you WILL WANT to visit one or more of the games and witness the friendly but competitive nature of the teams involved.

**Volunteers** are being sought to help assist the Recreation Department with the 2007 Tournaments.

**Please call the Recreation Office @ 870-3118**

## Nutrition for Athletes Seminar

@ Ellington High School

Program Dates: Early March  
(To be announced)

Open to ALL residents of Ellington

Fee: \$5 per family

Presenter: Gene Gresh, R.Ph., FIACP.

Athletes: nutrition and the role it plays in the overall health, hormone balance, energy level, and cognitive ability (think), behavior, athletic ability and performance (hand/eye coordination) healing ability (sickness and injury, etc.)

The points of emphasis will revolve around providing children and parents with some clear information on how their everyday eating/nutrition habits contribute to all these aspects of their lives and health.

Pre-registration required, through the Recreation Department,  
See Page 6 for instructions ~ use Id code: # 1103.403



## TOWN OF ELLINGTON HOLIDAY SCHEDULE

The Town Hall will be closed on the following dates:

**Jan. 15** Martin Luther King Day

**Feb. 19** Presidents' Day

**Apr. 06** Good Friday\*

\* Rubbish collection will be delayed one day for the Good Friday holiday



## Blood Drive

**February 6, 2007**

**1:00 AM-6:00 PM**

**Church of Jesus Christ Latter Day Saints  
2 Maple Street, Ellington, CT**

**CALL 1-800-GIVE LIFE (1-800-448-3543)**

## Winter Weather Cancellations:

Town Office closings and meetings/program cancellations will be posted on the Town's Website: [www.ellington-ct.gov](http://www.ellington-ct.gov) under **Our Town News**. You can also check Channels 3 & 30 for cancellations. The Senior Center follows the same procedures as Ellington Schools: if the schools are closed due to hazardous weather conditions, the Senior Center is closed; no van transportation service.

## Town Hall Hours

### Monday

8:30 am—6:00 pm

### Tuesday, Wednesday, Thursday

8:30 am—4:00 pm

### Friday

8:30 am—1:30 pm

A copy of this newsletter is available online ~ log onto

[www.ellington-ct.gov](http://www.ellington-ct.gov)

Sign up for **Auto-mail** to get this newsletter and the latest Town information via e-mail.

If you would like to place an article in the Ellington Connection, contact Marie Sauvé in the First Selectman's Office @ 870-3100 or email [msauve@ellington-ct.gov](mailto:msauve@ellington-ct.gov)

Town Hall  
55 Main Street  
P O Box 187  
Ellington, CT 06029

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